

§ 9.3 Background field method

* To compute $\Gamma_{\text{th. eq}}[\langle \mathcal{O}(\vec{x}) \rangle]$ or $\Gamma_{\text{vac}}[\langle \mathcal{O}_2(\vec{x}) \rangle]$

with $\langle \mathcal{O}(\vec{x}) \rangle \neq 0$ for only elementary fields (\mathcal{O} 's in $\mathcal{D}\mathcal{O}$ in path integral)

$$\phi(x) =: \langle \phi(x) \rangle + \text{fluctuat'n.} =: \phi_{cl}(x) + \phi_{fl}(x)$$

$$\mathcal{D}\phi(x) = \mathcal{D}\phi_{fl}(x)$$

$$\left(\int \mathcal{D}\phi e^{i \int d^4x (\mathcal{L} + J \cdot \phi)} \right) \times e^{-i \int d^4x J \cdot \phi_{cl}} = e^{i \Gamma_{\text{vac}}[\phi_{cl}]}$$

$$\parallel$$

$$e^{i \int d^4x (\mathcal{L}[\phi_{cl}] + J \phi_{cl})}$$

solve $\frac{\delta \mathcal{L}}{\delta \phi} = -J_{cl}$
w.r.t. J
(to rewrite J in favor of ϕ_{cl} on the L.H.S.)

The path integral (---) on the L.H.S. is

$$\int \mathcal{D}\phi_{fl} e^{i \int d^4x \left\{ (\mathcal{L} + J\phi)_{cl} + \left(\frac{\partial \mathcal{L}}{\partial \phi} + J \right)_{cl} \cdot \phi_{fl} + \frac{1}{2} \left(\frac{\delta^2 \mathcal{L}}{\delta \phi \delta \phi} \right)_{cl} \phi_{fl}^2 + \dots \right\}}$$

• $(\mathcal{L} + J\phi)_{cl}$: ϕ 's in $(\mathcal{L} + J\phi)$ replaced by ϕ_{cl} .
→ indep. of ϕ_{fl} .

• $\left(\frac{\partial \mathcal{L}}{\partial \phi} + J \right)_{cl}$, $\left(\frac{\delta^2 \mathcal{L}}{\delta \phi \delta \phi} \right)_{cl}$ etc.: dep. only on ϕ_{cl} (and J)
not on ϕ_{fl} .

So.

$$e^{i \Gamma_{\text{vac}}} = e^{i \int d^4x ((\mathcal{L} + J\phi)_{cl} - J\phi_{cl})} \left(\int \mathcal{D}\phi_{fl} e^{i \int d^4x \phi_{cl}\text{-dep. Lagrangian of } \phi_{fl}} \right)$$

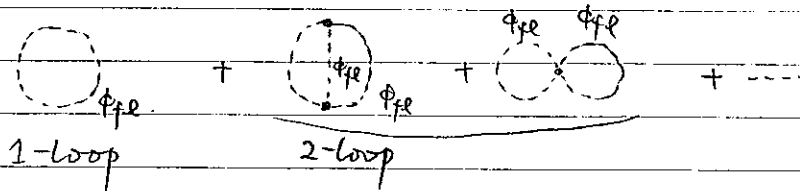
$$i \Gamma_{\text{vac}} = \int d^4x \mathcal{L}_{cl} + (\text{conn. vac. bubbles of } \phi_{fl} \text{ QFT})$$

OR to ignore $\phi_{fl} \cdot \left(\frac{\partial \mathcal{L}}{\partial \phi} + J \right)_{cl}$ because J is chosen (by def)

$$\frac{\delta \Gamma}{\delta \phi_{cl}} = -J \Rightarrow \left[i \left(\frac{\partial \mathcal{L}}{\partial \phi_{cl}} + J \right)_{cl} + \frac{\delta}{\delta \phi_{cl}} (\text{conn. vac. bubble graphs}) - iJ \right] = -iJ$$

$$\Rightarrow \left[i \left(\frac{\partial \mathcal{L}}{\partial \phi_{cl}} + J \right)_{cl} + (\phi_{fl} \text{ tadpole graphs}) \right] = 0$$

connected vacuum bubble graphs :



$$-(\text{mass})^2 = \left(\frac{\delta^2 \mathcal{L}}{\delta \phi \delta \phi} \right)_\alpha \quad (\text{3pt coupling}) = \left(\frac{\delta^3 \mathcal{L}}{\delta \phi \delta \phi \delta \phi} \right)_\alpha \dots$$

dep. on ϕ_α .

The 1-loop contribution (= an approx. to ignore $(\phi_{fl})^3$)

$$= -\frac{1}{2} \text{vol}_{d+1} \int \frac{d^d p}{(2\pi)^{d+1}} \ln(p^2 - \text{mass}^2)$$

for a real scalar ϕ_{fl} .

justification (A)

$$\text{Bubble}_\phi = \ln(\mathcal{Z} \text{ of a free real scalar}) = \ln \left(\int \frac{d^d p}{(2\pi)^d} e^{i \int \frac{d^d p}{(2\pi)^d} \frac{1}{2} \phi(p)^* (p^2 - m^2) \phi(p)} \right) \times (\text{const})$$

$$= \text{vol}_{d+1} \int \frac{d^d p}{(2\pi)^{d+1}} \ln \left(\frac{2\pi i}{p^2 - m^2} \right) + (\text{const}) = -\frac{1}{2} \int \frac{d^d p}{(2\pi)^{d+1}} \ln(p^2 - m^2) + \text{const}' \times (\text{vol}_{d+1})$$

justificat'n (B)

split $(\text{mass})^2 = m_0^2 + m_i^2$

$$\text{Bubble}_\phi^{(\text{mass})^2} = \text{Bubble}_\phi^{m_0^2} + \text{Bubble}_\phi^{m_0^2, (-im_i^2)} + \text{Bubble}_\phi^{m_0^2, (-im_i^2), \phi} + \dots$$

$$= \text{Bubble}_\phi^{m_0^2} + \frac{1}{2} (-im_i^2) \int \frac{d^d p}{(2\pi)^{d+1}} \left(\frac{i}{p^2 - m_0^2} \right) + \frac{1}{4} (-im_i^2)^2 \int \frac{d^d p}{(2\pi)^{d+1}} \left(\frac{2}{p^2 - m_0^2} \right)^2 + \dots + \frac{1}{2^n} (-im_i^2)^n \int \frac{d^d p}{(2\pi)^{d+1}} \left(\frac{i}{p^2 - m_0^2} \right)^n + \dots$$

then $\text{Bubble}_\phi^{(\text{mass})^2}$ must be $-\frac{1}{2} \int \frac{d^d p}{(2\pi)^{d+1}} \ln(p^2 - m_0^2 - m_i^2) + (\text{const.})$

$\times (\text{trivially satisfied } (2\pi)^{d+1} \delta^d(p) \Rightarrow \text{vol}_{d+1})$ PLUS

★ When one wishes to consider $\langle \sigma \rangle \neq 0$ of a composite operator σ .

Hubbard - Stratonovich transformation.

eg

$$\mathcal{L} = \psi^\dagger (i\partial_t - \epsilon(\mathbf{r})) \psi + \frac{1}{\Lambda^2} (\psi_\downarrow^\dagger \psi_\uparrow^\dagger \psi_\uparrow \psi_\downarrow) \quad \mathcal{D}\psi \mathcal{D}\bar{\psi}$$

$$\Leftrightarrow \mathcal{L}' = \psi^\dagger (i\partial_t - \epsilon(\mathbf{r})) \psi - \sigma^2 - \sigma \psi_\uparrow \psi_\downarrow \frac{1}{\Lambda} - \sigma \psi_\downarrow^\dagger \psi_\uparrow^\dagger \frac{1}{\Lambda} \quad \mathcal{D}\sigma \mathcal{D}\psi \mathcal{D}\bar{\psi}$$

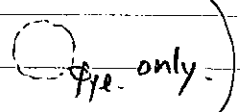
complete a square w.r.p.t. σ

and integrate out σ . (Gaussian integral.
peaked at $\sigma = \frac{1}{\Lambda} \text{Re}(\psi_\uparrow \psi_\downarrow)$)

Instead of thinking of $\text{Prac}[\langle \psi_\uparrow \psi_\downarrow \rangle]$ of $(\mathcal{L}, \mathcal{D}\psi \mathcal{D}\bar{\psi})$,

one may think of $\text{Prac}[\langle \sigma \rangle]$ of $(\mathcal{L}', \mathcal{D}\sigma \mathcal{D}\psi \mathcal{D}\bar{\psi})$

§9.4 Thermal field theory (imaginary time formalism)

* Study $\Gamma_{\text{th. eq}}[\beta, \langle \phi \rangle]$ at 1-loop approximation. 

⇔ ignore $(\phi_{f.e.})^3$ and higher
(look at excitatin spectrum)

⇔ mean field ($\langle \phi \rangle = \phi_{cl.}$) approximation

When $(\phi_{f.e.})^3$ ignored, we have

$$\beta \Gamma_{\text{th. eq}}^{1\text{-loop}}[\beta, \langle \phi \rangle] = +\beta \int d^d x (-\mathcal{L}_{\text{Eud.}}^{cl.}) + \ln(Z_{\phi_{f.e.}}^{1\text{-loop}})$$

$(\mathcal{L}_{\text{Mink}})_{t \rightarrow i\tau} =: -\mathcal{L}_{\text{Eud.}}$

$$\ln(Z_{\phi_{f.e.}}^{1\text{-loop}}) = (\text{Vol } d\text{-dim}) \int \frac{d^d k}{(2\pi)^d} \ln \left(\text{Tr}_n \left[e^{-\beta E_k (n + \frac{1}{2})} \right] \right)$$

1-loop approx
= free theory approx.

$$= (\text{Vol } d) \int \frac{d^d k}{(2\pi)^d} \ln \left(e^{-\beta E_k / 2} \frac{1}{(1 - e^{-\beta E_k})} \right)$$

⇒ $\otimes_{k \in \mathbb{R}^d}$ (harmonic oscill. w/ $\omega = E_k$)

$$= (\text{Vol } d) \int \frac{d^d k}{(2\pi)^d} \left(-\ln \left(e^{-\beta E_k / 2} - e^{-\beta E_k} \right) \right)$$

$$= (\text{Vol } d) \int \frac{d^d k}{(2\pi)^d} \left\{ \underbrace{-\frac{\beta E_k^2}{2}}_{\substack{\uparrow \\ \text{the 0-pt} \\ \text{oscillation} \\ \text{(Casimir energy)}}} - \ln \left(1 - e^{-\beta E_k} \right) \right\}$$

thermal contrib'n

⊙ The thermal contribution.

$$\text{vol}_d \times \begin{cases} \text{if } m_{\text{eff}}^2 = \left(\frac{\partial^2 \mathcal{L}}{\partial \phi^2} \right)_{\phi} \ll T^2 & + \mathcal{O}(1) \cdot T^d \\ \text{if } m_{\text{eff}}^2(\phi_{cl.}) \gg T^2 & + \mathcal{O}(1) \times (m_{\text{eff}} T)^{\frac{d}{2}} e^{-m_{\text{eff}}/T} \end{cases}$$

(as well known in statistical mechanics)

Now this contribution is regarded as a function of $\phi_{cl.}$

⊙ The Casimir energy contrib'n to $\Gamma_{\text{th. eq}}^{1\text{-loop}}$ is β -indep. (manifest).

It is divergent: subtlety in interpretat'n. [renormalizat'n] \rightarrow TEP course PLUS
but known to have weak $\phi_{cl.}$ -dependence.

memofor a free real scalar field ϕ

$$(Z_{\text{free } \phi}(\beta)) = \int \mathcal{D}\pi \mathcal{D}\phi e^{-\int_0^\beta d\tau \int d^d x \left(\frac{1}{2} \pi^2 + \frac{1}{2} (\nabla \phi)^2 + \frac{1}{2} m^2 \phi^2 \right)}$$

$$\propto \int \mathcal{D}\phi e^{-\int_0^\beta d\tau \int d^d x \frac{1}{2} \left(\partial_\tau \phi \right)^2 + (\nabla \phi)^2 + m^2 \phi^2}$$

$$\propto \prod_{n \in \mathbb{Z}} \prod_{\mathbf{k}} \left((2\pi T n)^2 + \mathbf{k}^2 + m^2 \right)^{-1/2}$$

$$\ln(Z_{\text{free } \phi}(\beta)) = \text{vol}_d \int \frac{d^d k}{(2\pi)^d} \ln \left(\prod_{n \in \mathbb{Z}} \left((2\pi T n)^2 + E_{\mathbf{k}}^2 \right)^{-1/2} \cdot (\text{const}) \right)$$

should be equal to

$$\text{vol}_d \int \frac{d^d k}{(2\pi)^d} \ln \left(e^{-\beta E_{\mathbf{k}}/2} \frac{1}{(1 - e^{-\beta E_{\mathbf{k}}})} \right). \text{ How?}$$

The square of the argument of \ln :

$$(\text{const})^2 \prod_{n \in \mathbb{Z}} \frac{1}{(2\pi T n)^2 + E_{\mathbf{k}}^2} = (\text{const}')^2 \prod_{n \in \mathbb{Z}} \left(\frac{T^2}{(2\pi T n)^2 + E^2} \right)$$

$$= (\text{const}')^2 \left(\frac{T^2}{E^2} \right) \prod_{n=1}^{\infty} \left[\frac{(2\pi T n)^2}{(2\pi T n)^2 + E^2} \cdot \frac{1}{(2\pi n)^2} \right]^2$$

$$= (\text{const}')^2 \left(\frac{T^2}{E^2} \right) \left(\prod_{n=1}^{\infty} \frac{1}{1 + \left(\frac{E}{2\pi T n} \right)^2} \right)^2 \left(\prod_{n=1}^{\infty} \frac{1}{(2\pi n)^2} \right)$$

$$= (\text{const}')^2 \left(\frac{T^2}{E^2} \right) \left(\frac{-iE/2T}{\sin(-iE/2T)} \right)^2 \prod_{n=1}^{\infty} \frac{1}{(2\pi n)^2}$$

$$= \left(\frac{1}{2\text{sh}(E/2T)} \right)^2 \left(\text{const}' \cdot \prod_{n=1}^{\infty} \frac{1}{(2\pi n)^2} \right)^2$$

So, if $(\text{const}) = \prod_{n=1}^{\infty} (2\pi T n)^2$, then both derivations yield the same result.

memo Here is the rough story of how to evaluate the Casimir energy contribution.

$$\ln(Z^{-1-loop}) = \text{vol}_d \int \frac{d^d k}{(2\pi)^d} \ln \left(\prod_{n \in \mathbb{Z}} ((2\pi n)^2 + E_k^2)^{-\frac{d}{2}} \cdot (\text{const}) \right)$$

$$\frac{1}{\beta} \ln(Z^{-1-loop}) = \text{vol}_d \int \frac{d^d k}{(2\pi)^d} \left[\sum_n \frac{1}{\beta} \ln \left(\left(\left(\frac{2\pi n}{\beta} \right)^2 + E_k^2 \right)^{-\frac{d}{2}} \right) + \frac{1}{\beta} \ln(\text{const}) \right]$$

$$= \text{vol}_d \cdot \left((\beta \rightarrow \infty \text{ limit}) + \text{thermal contrib'n.} \right).$$

Casimir

$$\frac{1}{\beta} \ln(Z^{-1-loop}) \Big|_{\text{vol}_d=y} = -\frac{1}{2} \int \frac{d^d k_E}{(2\pi)^d} \left\{ \ln(k_E^2 + m^2(\phi)) + (\text{const}') \right\}$$

Think of the case $m^2(\phi) = m_0^2 + \lambda \phi_\alpha^2$.

$$= -\frac{1}{2} \int \frac{d^d k_E}{(2\pi)^d} \left\{ \ln \left(\frac{k_E^2 + m^2(\phi)}{k_E^2 + \mu^2} \right) + \text{const}''(\mu) \right\} \quad \text{for an arbitrary chosen energy scale } \mu.$$

$$= -\frac{1}{2} \int \frac{d^d k_E}{(2\pi)^d} \left\{ \ln \left(\frac{k_E^2 + m_0^2 + \lambda \phi_\alpha^2}{k_E^2 + \mu^2} \right) - \frac{(m_0^2 - \mu^2 + \lambda \phi_\alpha^2)}{k_E^2 + \mu^2} + \frac{1}{2} \left(\frac{m_0^2 - \mu^2 + \lambda \phi_\alpha^2}{k_E^2 + \mu^2} \right)^2 \right. \\ \left. + \left[\text{const}''(\mu) + \frac{m_0^2 - \mu^2}{k_E^2 + \mu^2} - \frac{1}{2} \left(\frac{m_0^2 - \mu^2}{k_E^2 + \mu^2} \right)^2 \right] + \left[\frac{\lambda}{k_E^2 + \mu^2} \frac{(m_0^2 - \mu^2)}{(k_E^2 + \mu^2)^2} \right] \lambda \phi_\alpha^2 \right\}$$

So

Casimir

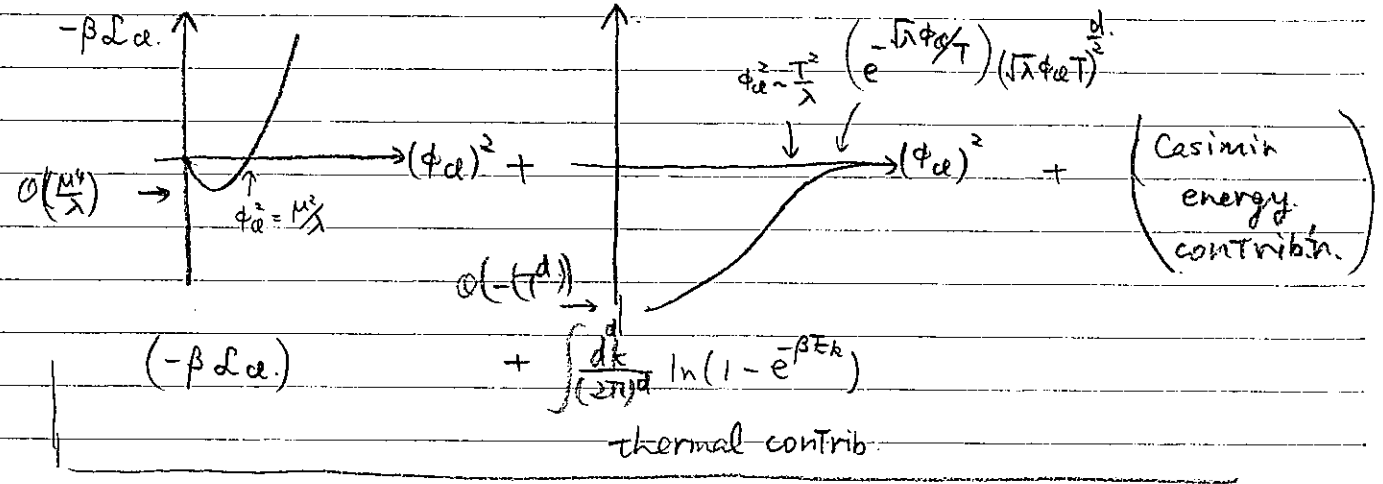
$$\left(-\mathcal{L}_{\text{End}} \right) \Big|_{\text{vol}_d=y} \frac{1}{\beta} \ln(Z_{\phi_\alpha}^{-1-loop})$$

$$= \left(-\frac{1}{2} \int \frac{d^d k_E}{(2\pi)^d} \left[\text{const}'' + \dots \right] \right) - \frac{1}{2} \phi_\alpha^2 \left(m_0^2 + \int \frac{d^d k_E}{(2\pi)^d} \left[\dots \right] \right) - \frac{\phi_\alpha^4}{8} \left(\lambda - \lambda \int \frac{d^d k_E}{(2\pi)^d} \frac{1}{(k_E^2 + m_0^2)^2} \right)$$

$$- \frac{1}{2} \int \frac{d^d k_E}{(2\pi)^d} \left\{ \ln \left(\frac{k_E^2 + m_0^2 + \lambda \phi_\alpha^2}{k_E^2 + \mu^2} \right) - \frac{m_0^2 - \mu^2 + \lambda \phi_\alpha^2}{k_E^2 + \mu^2} + \frac{1}{2} \left(\frac{m_0^2 - \mu^2 + \lambda \phi_\alpha^2}{k_E^2 + \mu^2} \right)^2 \right\}$$

- The integral in the 2nd line is convergent, and has weak ϕ_α -dependence.
- The divergence of the integral has been ^{showed} ($\propto \int \frac{d^d k_E}{(2\pi)^d}$) into the coefficients of the ϕ_α -quartic polynomial in the 1st line.

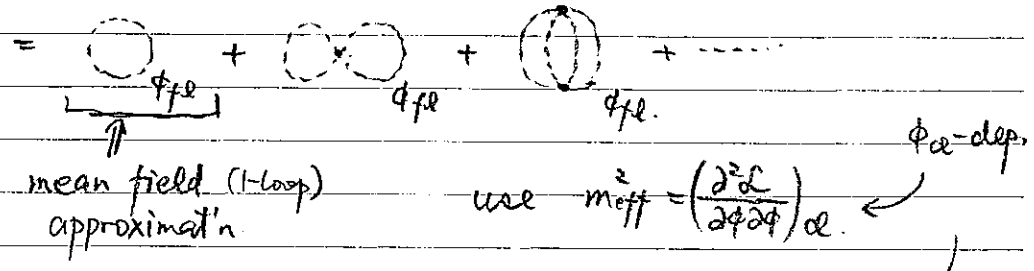
So. eq. for $\mathcal{L} = \frac{1}{2} (\partial_\mu \phi)^2 + \frac{1}{2} \mu^2 \phi^2 - \frac{\lambda}{4!} \phi^4$



★ To include perturbative higher order correct'ns

$$\beta \Gamma_{th}^{eq}[\beta, \phi_c] = \beta \text{vol}_d \times (-\mathcal{L}_{Euc}^c) + \ln(Z_{\phi_c})$$

$$\ln(Z_{\phi_c}) = \ln(\exp(\text{connected Feynman graphs of } \phi_c))$$



The propagator is

$$\frac{\text{Tr} \left[\text{Tau} \left\{ \phi_I(\tau, \vec{x}) \phi_I(0, \vec{0}) \right\} e^{-\beta H_0} \right]}{\text{Tr} \left[e^{-\beta H_0} \right]}$$

for $\phi_I(\tau, \vec{x}) = \int \frac{d^d k}{(2\pi)^d} \frac{1}{\sqrt{2E_k}} \left(e^{i\vec{k}\cdot\vec{x} - E_k \tau} \frac{1}{\sqrt{2E_k}} e^{-\beta E_k/2} \frac{1}{(1 - e^{-\beta E_k})^2} + e^{-i\vec{k}\cdot\vec{x} + E_k \tau} \frac{1}{\sqrt{2E_k}} e^{-\beta E_k/2} \frac{1}{(1 - e^{-\beta E_k})^2} \right)$

$$\begin{aligned} & \sum_{n=0}^{\infty} e^{-\beta E_n} \langle n | a^\dagger a | n \rangle \\ &= \sum_{n=0}^{\infty} e^{-\beta E_n} n \\ &= \left[x \frac{\partial}{\partial x} \left(\sum_{n=0}^{\infty} x^n \right) \right] \Big|_{x=e^{-\beta E}} \\ &= \left[x \frac{\partial}{\partial x} \left(\frac{1}{1-x} \right) \right] \Big|_{x=e^{-\beta E}} \\ &= \frac{x}{(1-x)^2} \end{aligned}$$

$$= \int \frac{d^d k}{(2\pi)^d} \frac{1}{(2E_k)} \left(e^{i\vec{k}\cdot\vec{x} - E_k \tau} \frac{e^{-\beta E_k/2}}{(1 - e^{-\beta E_k})^2} + e^{-i\vec{k}\cdot\vec{x} + E_k \tau} \frac{e^{-\beta E_k/2}}{(1 - e^{-\beta E_k})^2} \right)$$

vacuum contribution \uparrow Bose-Einstein distrib'n

The thermal contribution in (\odot) is known to be. [Le Bellac, p. 65]

$$\Delta \left(\Gamma_{\text{ch. eq}}^{2\text{-loop}} [\beta, \phi_{cl} \sim 0] \right)_{\text{vol}_{d=3}} = + \frac{T^4}{90} \frac{\lambda}{4}$$

relatively to

$$\left[\begin{array}{l} d=3. \\ V(\phi) = \frac{m_0^2}{2} \phi^2 + \frac{\lambda}{4!} \phi^4. \end{array} \right]$$

$$\Delta \left(\Gamma_{\text{ch. eq}}^{1\text{-loop}} [\beta, \phi_{cl} \sim 0] \right)_{\text{vol}_{d=3}} = - \frac{\pi^2}{90} T^4. \quad \text{from } (\odot).$$

So, for $\lambda \neq 0$ the pressure $p = \frac{\partial(F(V, T))}{\partial \text{Vol}_d} = - \frac{\partial \Gamma_{\text{ch. eq}} [V, T]}{\partial \text{Vol}_d}$

the entropy density $s = \frac{1}{\text{Vol}_d} \frac{\partial F(V, T)}{\partial T}$

are T^4 and T^3 respectively. But the coefficients depend on λ .

Correlation functions in canonical ensemble

$$\langle \mathcal{O}_1(\vec{x}) \mathcal{O}_2(\vec{y}) \rangle_\beta - \langle \mathcal{O}_1(\vec{x}) \rangle_\beta \langle \mathcal{O}_2(\vec{y}) \rangle_\beta = T^2 \frac{\partial^2}{\partial h_1(\vec{x}) \partial h_2(\vec{y})} (\ln Z) = -T \frac{\partial^2}{\partial h^2} (F_{th})$$

How is this related to the "effective action" $\Gamma_{th,eff}$? $T \frac{\partial}{\partial h_1(\vec{x})} \langle \mathcal{O}_2(\vec{y}) \rangle_{th}$

Remember that

$$\begin{aligned} - \frac{\partial \Gamma_{th,eff}}{\partial \langle \mathcal{O}_1(\vec{x}) \rangle_{th}} &= \frac{\partial}{\partial \langle \mathcal{O}_1(\vec{x}) \rangle_{th}} \left(F + \int d^d \vec{x} h_1(\vec{x}) \langle \mathcal{O}_1(\vec{x}) \rangle \right) \\ &= \frac{\partial h_1(\vec{x})}{\partial \langle \mathcal{O}_1(\vec{x}) \rangle_{th}} \left(\frac{\partial F}{\partial h_1(\vec{x})} + \langle \mathcal{O}_1(\vec{x}) \rangle_{th} \right) + h_1(\vec{x}) = h_1(\vec{x}), \end{aligned}$$

we find that

$$- \beta \frac{\partial^2 \Gamma_{th,eff}}{\partial \langle \mathcal{O}_k(\vec{w}) \rangle_{th} \partial \langle \mathcal{O}_l(\vec{x}) \rangle} = \beta \frac{\partial}{\partial \langle \mathcal{O}_k(\vec{w}) \rangle_{th}} (h_l(\vec{x}))$$

is the inverse matrix of $T \frac{\partial}{\partial h_l(\vec{x})} \langle \mathcal{O}_k(\vec{y}) \rangle_{th}$.

So, if $\Gamma_{th,eff} \sim \int d^d \vec{x} \left\{ \frac{1}{2} (\vec{\nabla} \phi)^2 + \frac{1}{2} m_{eff}^2 (\phi)^2 \right\} + (\text{higher order in } \phi)$

then $\frac{\partial^2 \Gamma_{th,eff}}{\partial \langle \phi(\vec{y}) \rangle \partial \langle \phi(\vec{x}) \rangle} = (2\pi)^d \delta^d(\vec{p} - \vec{q}) (p^2 + m_{eff}^2)$.

Taking its inverse,

$$\langle \phi(\vec{x}) \phi(\vec{y}) \rangle = \int \frac{d^d \vec{p}}{(2\pi)^d} \frac{e^{i\vec{p} \cdot (\vec{x} - \vec{y})}}{(p^2 + m_{eff}^2)} \sim \frac{e^{-m_{eff} |\vec{x} - \vec{y}|}}{|\vec{x} - \vec{y}|^{d-2}}$$

$1/m_{eff}(\beta; g, m)$ is the correlation length.

Critical temperature $\Leftrightarrow \beta_c = 1/T_c$ s.t. $m_{eff}^2(\beta_c; g, m) = 0$.

The thermal contribution to $\frac{\partial F}{\partial \phi a^2}$

e.g. $\mathcal{L} = \frac{1}{2} (\partial_\mu \phi)^2 - \frac{1}{2} m_0^2 \phi^2 - \frac{\lambda}{4} \phi^4$ model.

$$-\beta \text{ vol}_d(\Delta F^{1\text{-loop}}) = \sum_{\text{neq}} \text{vol}_d \left(\frac{d^d p}{(2\pi)^d} \ln \left((2\pi T n)^2 + \vec{p}^2 + m^2(\phi a^2) \right)^{-\frac{1}{2}} \right)$$

$$m^2(\phi) = (m_0^2 + 3\lambda \phi a^2)$$

At the quadratic order

$$-\beta \text{ vol}_d(\Delta F^{1\text{-loop}}) = \sum_{\text{neq}} \text{vol}_d \left(\frac{d^d p}{(2\pi)^d} \frac{3\lambda \phi a^2}{(2\pi T n)^2 + \vec{p}^2 + m_0^2} \left(\frac{-1}{2} \right) \right)$$

The above relation is also understood diagrammatically:

vertex	$e^{-\frac{\lambda}{4} \phi a^2 \phi^2}$	$\Rightarrow (-3\lambda \phi a^2)$ coupling for the operator $\frac{1}{2} \phi^2$
x 1-loop propagator	$\left(\sum_n \frac{d^d p}{(2\pi)^d} \frac{1}{(2\pi T n)^2 + \vec{p}^2 + m_0^2} \right)$	connecting the same point
x symmetry factor	$\frac{1}{2}$	x (trivially satisfied momentum conservation \Rightarrow vol d)

$$\beta(\Delta F^{1\text{-loop}}) = \frac{3\lambda \phi a^2}{2} \times \int \frac{d^d p}{(2\pi)^d} \left(\sum_{\text{neq}} \frac{1}{(2\pi T n)^2 + E_p^2} = \coth(\beta E_p/2) \frac{1}{2T E_p} \right)$$

$$(\Delta F^{1\text{-loop}}) = \frac{3\lambda \phi a^2}{2} \int \frac{d^d p}{(2\pi)^d} \frac{1}{2E_p} \left(\underset{\uparrow \text{quantum}}{1} + \underset{\leftarrow \text{thermal}}{\frac{2}{e^{\beta E} - 1}} \right)$$

$$(\Delta F^{1\text{-loop}})^{\text{thermal}} = \frac{\phi a^2}{2} 3\lambda \int \frac{d^d p}{(2\pi)^d} \frac{1}{E_p} \frac{1}{e^{\beta E} - 1}$$

$$\sim \frac{\phi a^2}{m_0^2 a^2} \cdot \frac{3\lambda}{2} \cdot \frac{\text{vol}(S_{d-1})}{(2\pi)^d} \int_0^\infty dp p^{d-2} \left(\sum_{n=1}^\infty e^{-\beta p n} \right) = \frac{\phi a^2}{2} 3\lambda \frac{\text{vol}(S_{d-1})}{(2\pi)^d} T^{d-1} \Gamma(d-1) \times \zeta(d-1)$$

$$(\text{thermal mass})^2 = 3\lambda \frac{\Gamma(d-1) \text{vol}(S_{d-1})}{(2\pi)^d} \zeta(d-1) \cdot T^{d-1}$$

to be added to the vac. m_0^2 .