

Trans-Planckian Censorship

Masahito Yamazaki

(Kavli IPMU, Univ. Tokyo)

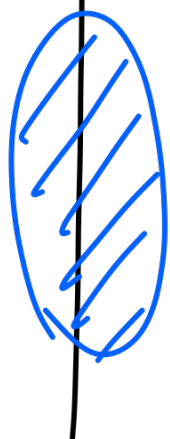
KEK theory workshop

Dec /6 /2019

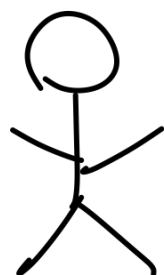
Swampland

Renormalization & EFT

energy scale



← low-energy effective field theory



LHC! Belle II!

Renormalization & EFT

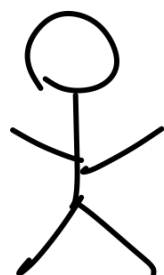
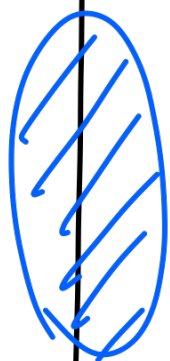
energy scale

Λ_{cutoff}

$$\Delta \mathcal{L} \sim \frac{1}{\Lambda_{\text{cutoff}}^n} \mathcal{O}_{\text{QG}}$$

↑ suppressed

← low-energy effective field theory



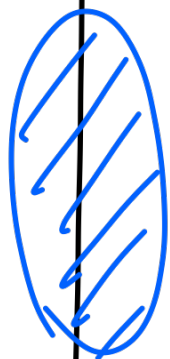
LHC! Belle II!

Renormalization & EFT

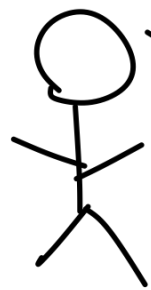
energy scale

M_{pe}

Λ_{cutoff}



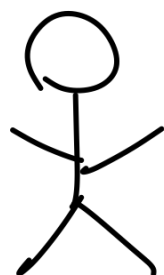
low-energy effective field theory



QG, string, ...

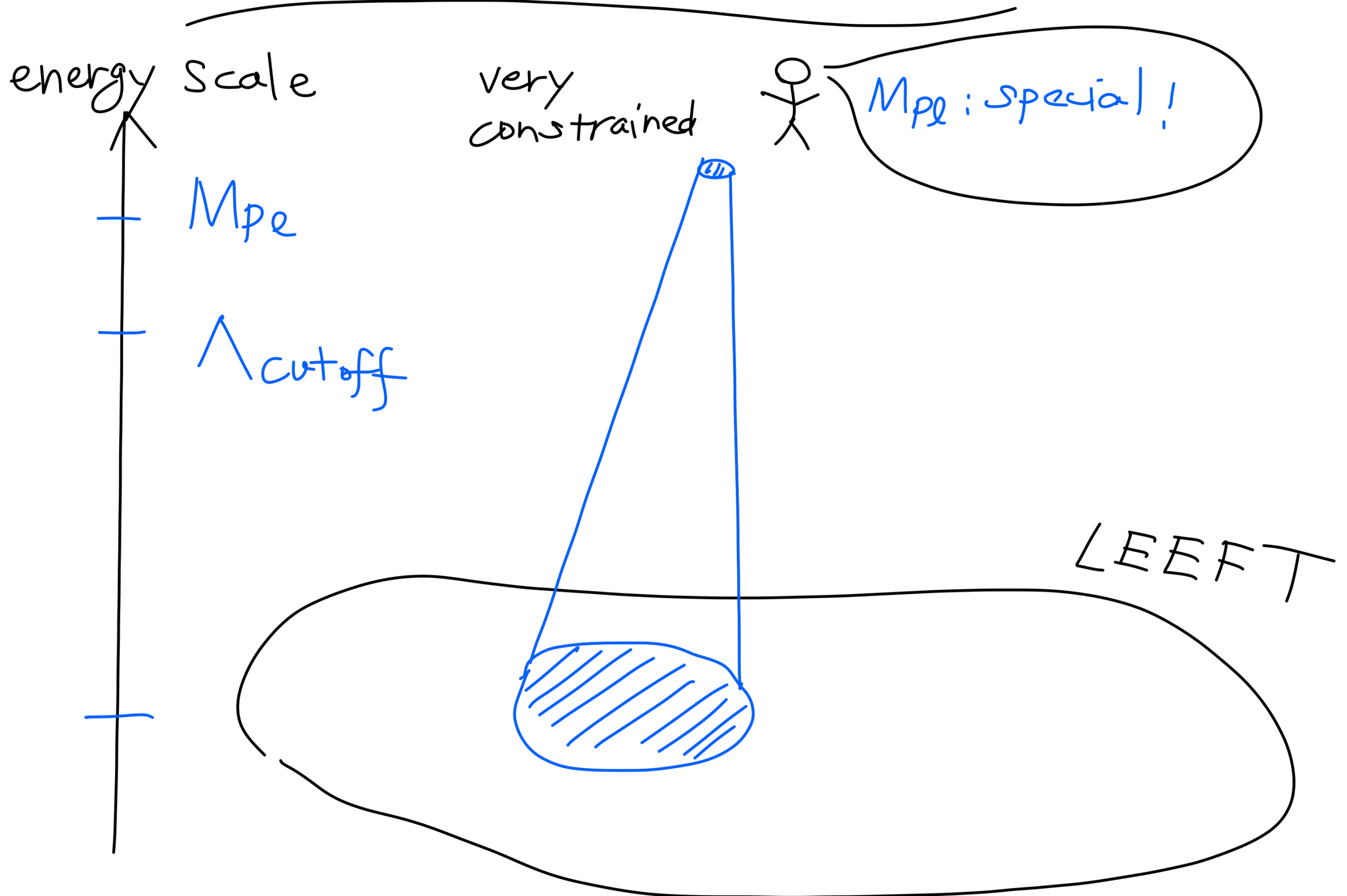
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↑ suppressed

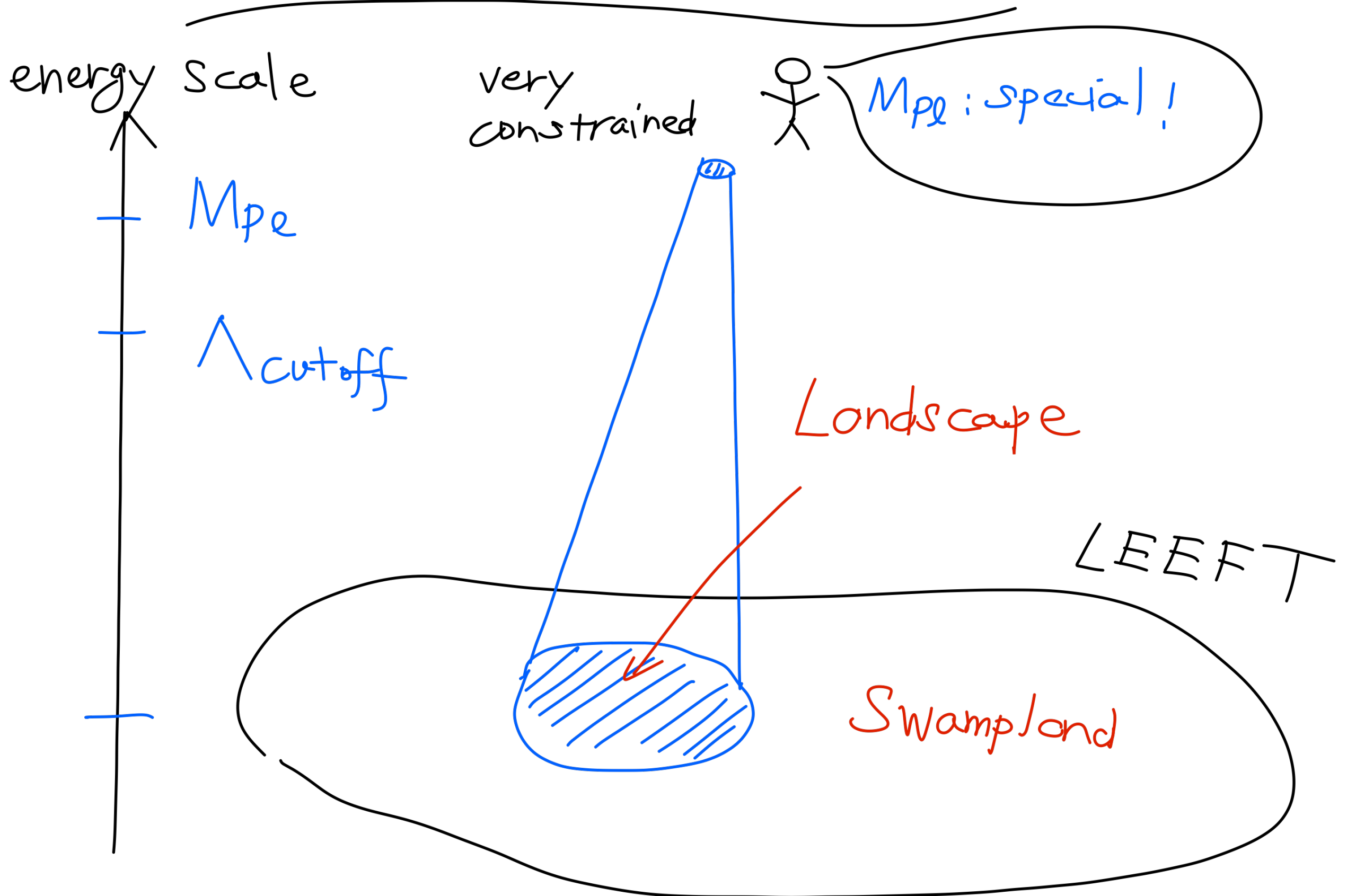


LHC! Belle II!

Renormalization & EFT



Renormalization & EFT

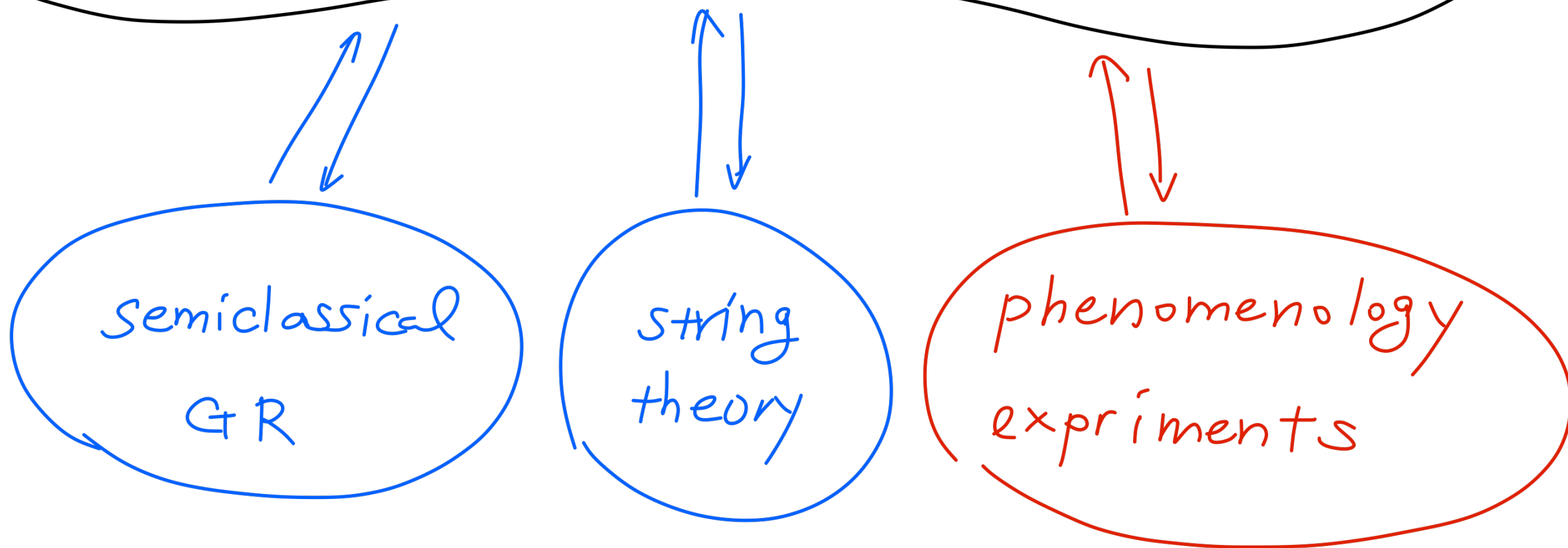


Swampland Conjectures :

Necessary Conditions for existence of
UV completion

Swampland Conjectures:

Necessary Conditions for existence of
UV completion



Murayama - Yanagida - Y 1809. 00478

Fukuda - Saito - Shirai - Y 1810. 06532

Ibe - Yanagida - Y 1811. 04664

Y 1904. 04976

Shirai - Y 1904. 10577

Kusenko - Takhistov - Yamada - Y 1908. 10930

Y 1910. 08691

Today:

1. Is Trans-Planckian Censorship a Swampland Conjecture?

Ryo Saito, Satoshi Shirai, Masahito Yamazaki. Nov 23, 2019. 12 pp.

IPMU-19-0170

e-Print: [arXiv:1911.10445](https://arxiv.org/abs/1911.10445) [hep-th] | [PDF](#)

[References](#) | [BibTeX](#) | [LaTeX\(US\)](#) | [LaTeX\(EU\)](#) | [Harvmac](#) | [EndNote](#)
[ADS Abstract Service](#)



Saito (Yamaguchi)



Shirai (IPMU)

Trans-Planckian

"Problem"

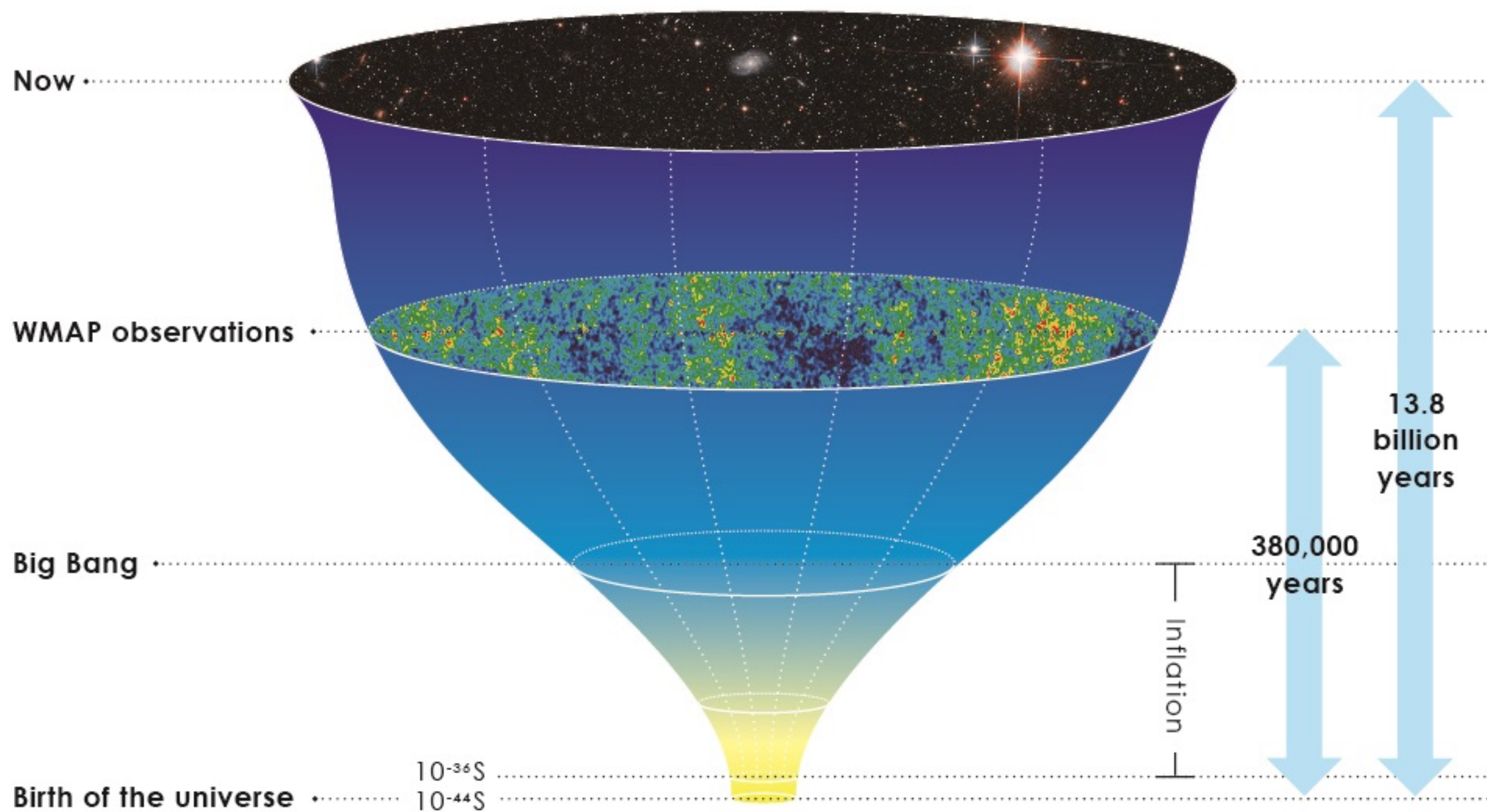
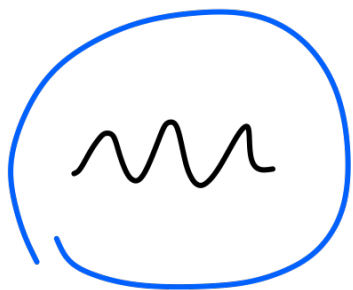


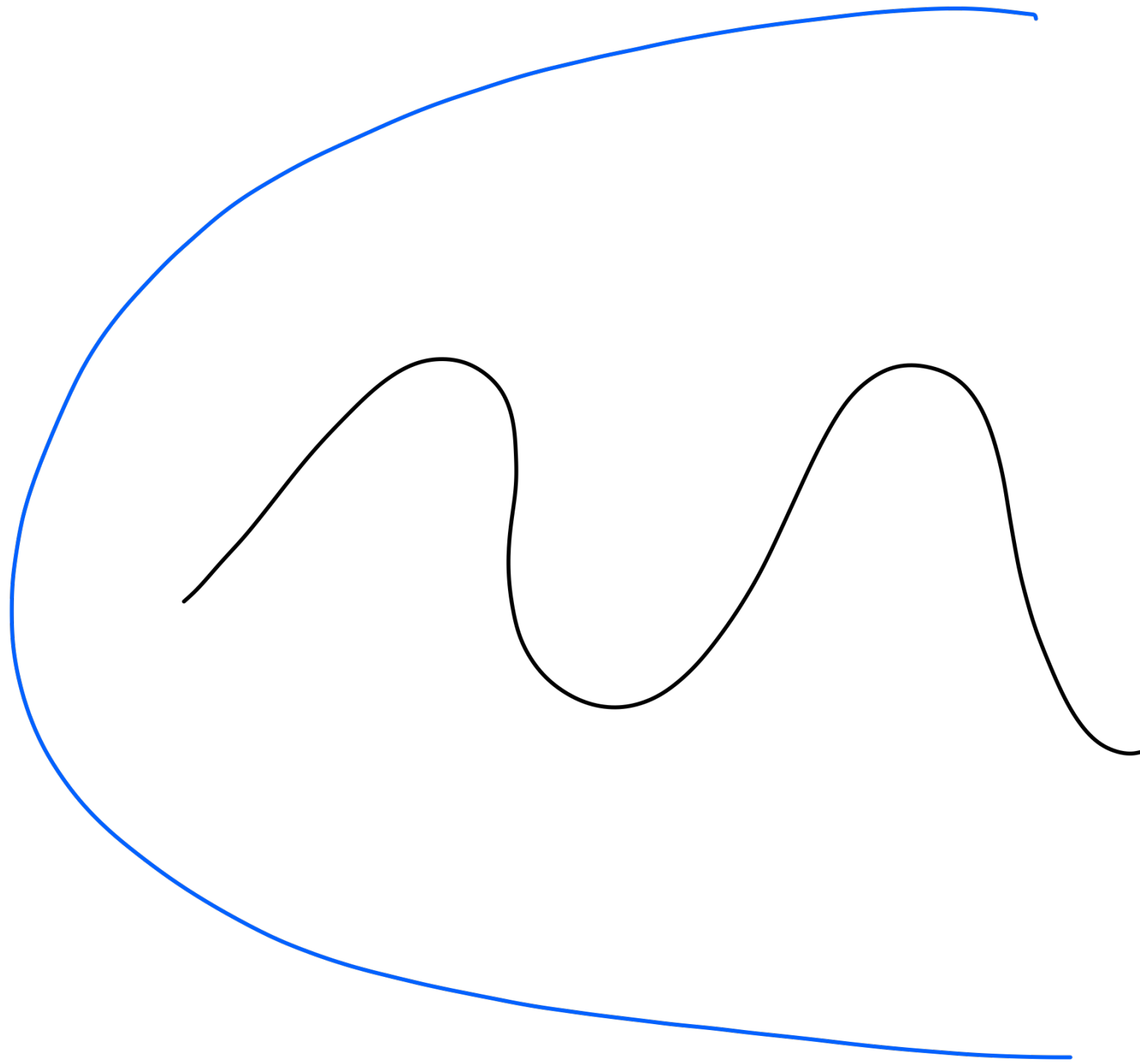
Figure from <https://www.u-tokyo.ac.jp/content/400031453.jpg>

macroscopic
fluctuation

tiny
quantum
fluctuation



exponential
expansion



$\log(\text{physical scale})$



horizon size
 H^{-1}

$$\lambda \propto a$$

$$H^{-1} \propto a^2 \quad (\text{RD})$$

$$H^{-1} \propto a^{1.5} \quad (\text{MD})$$

$\log a(t)$



$\log(\text{physical scale})$

horizon size

$$\frac{\dot{a}}{a} = H^{-1}$$

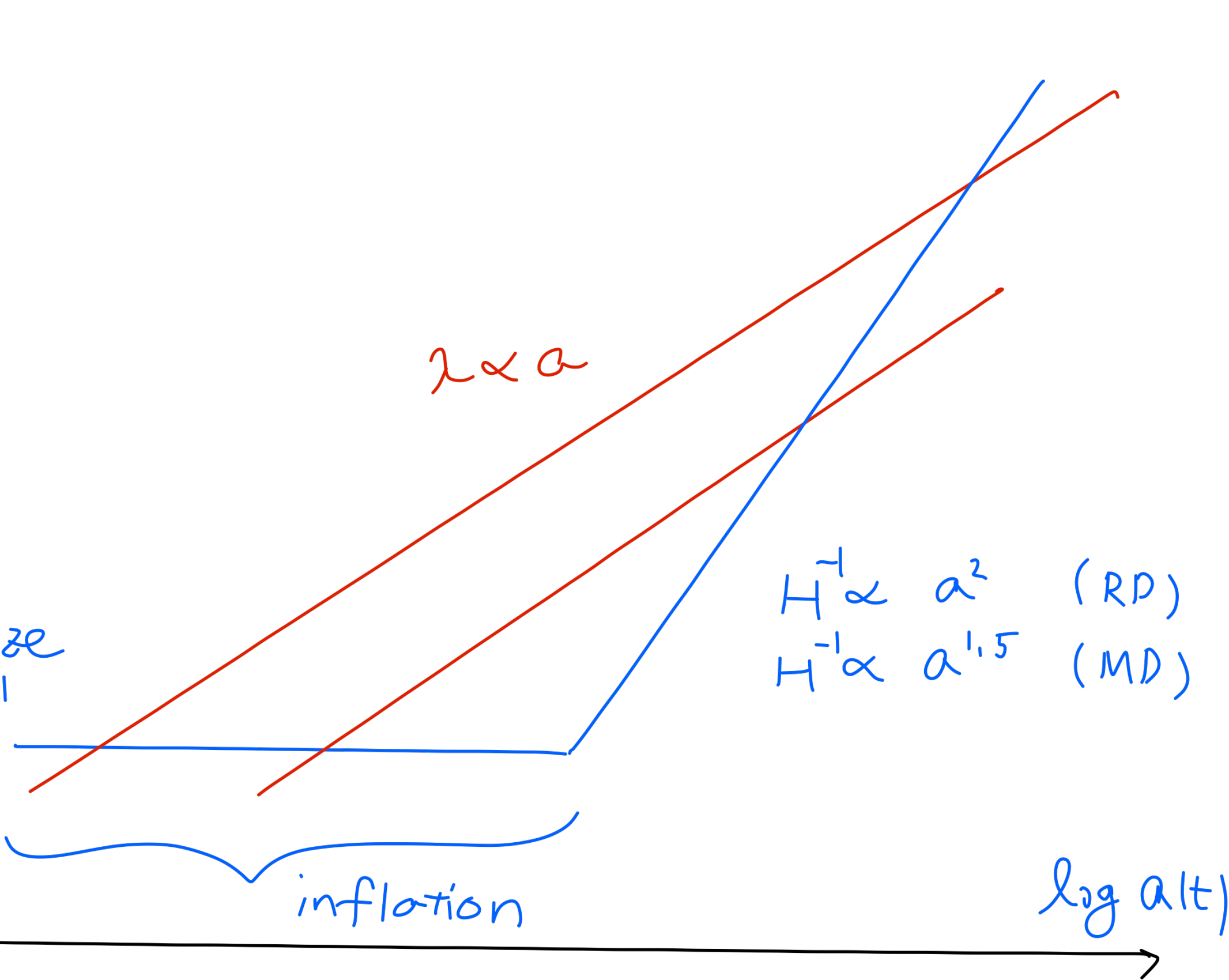
$$\lambda \propto a$$

$$H^{-1} \propto a^2 \quad (\text{RD})$$

$$H^{-1} \propto a^{1.5} \quad (\text{MD})$$

inflation

$\log a(t)$



log(physical scale)

horizon crossing

$$\lambda \propto a$$

horizon exit

horizon size

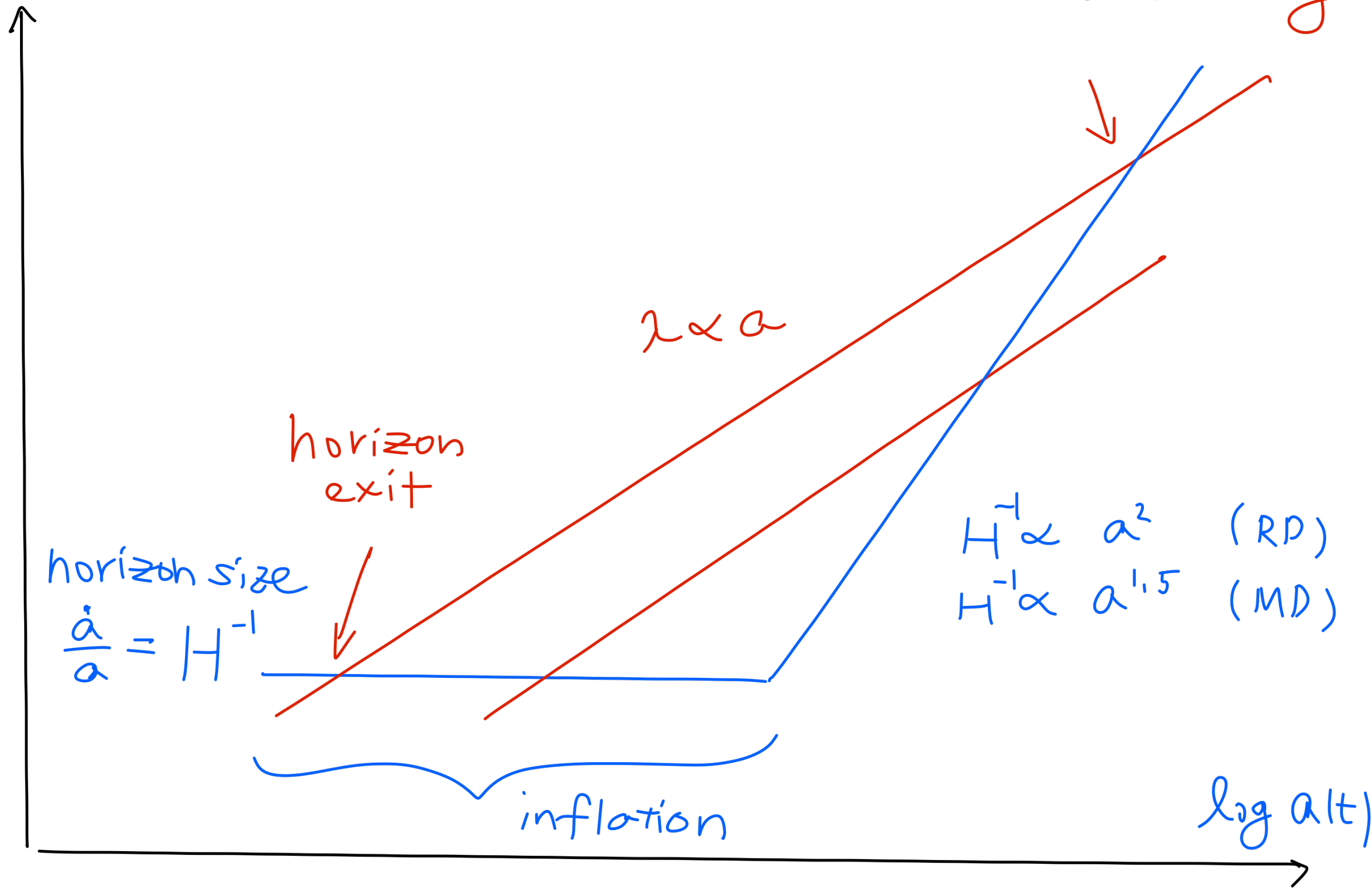
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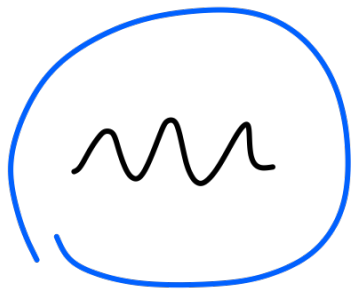
log a(t)



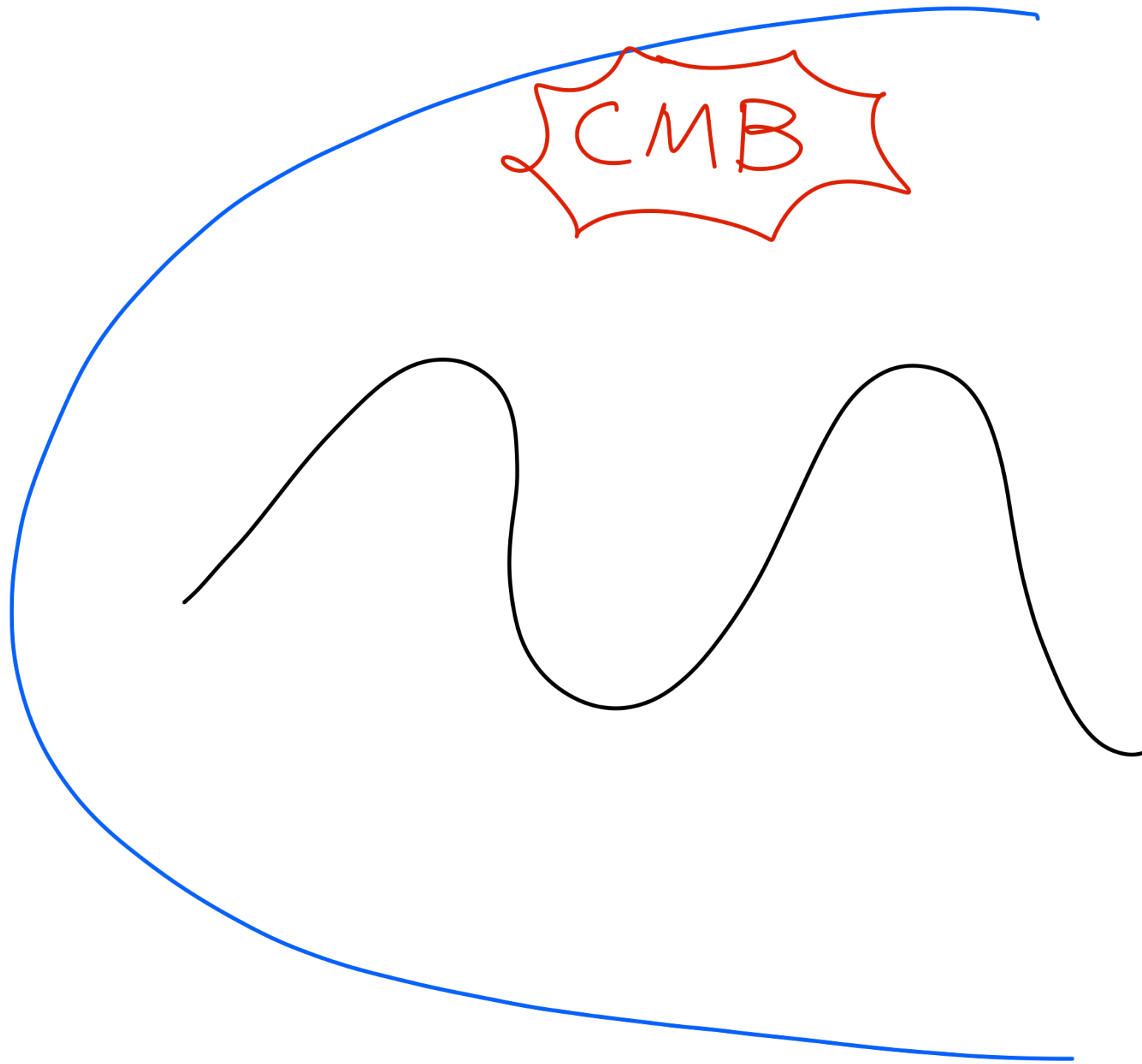
macroscopic
fluctuation

CMB

tiny
quantum
fluctuation



exponential
expansion



log(physical scale)

horizon crossing

$$\lambda \propto a$$

horizon exit

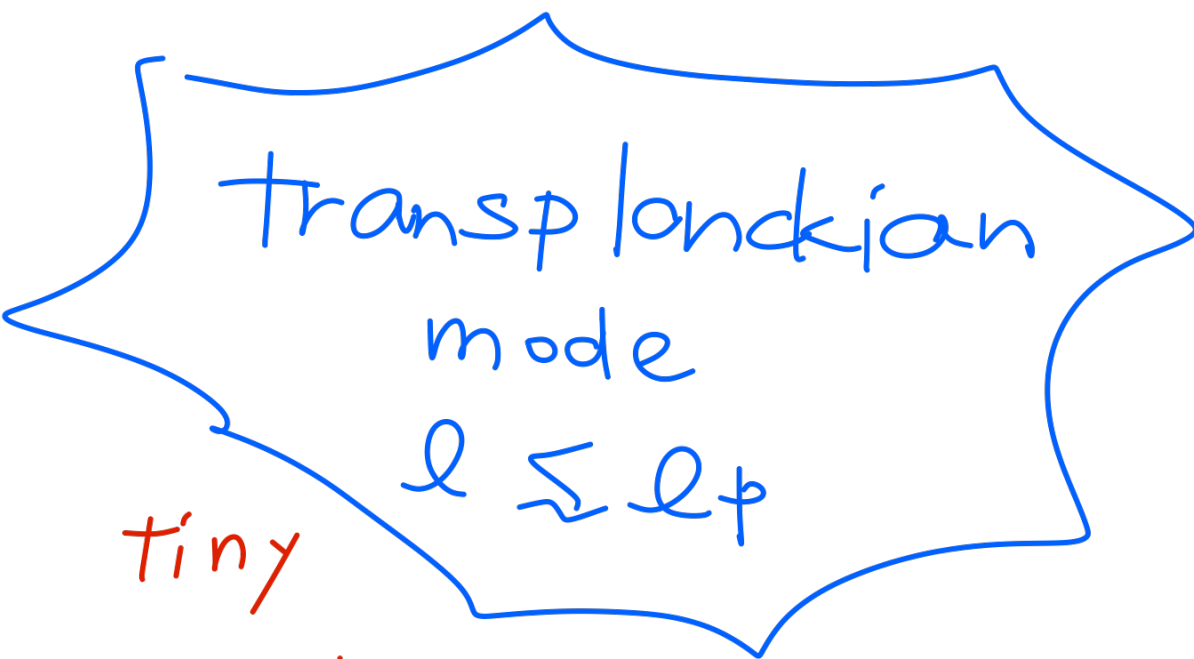
$$\begin{aligned} H^{-1} &\propto a^2 & (\text{RD}) \\ H^{-1} &\propto a^{1.5} & (\text{MD}) \end{aligned}$$

inflation

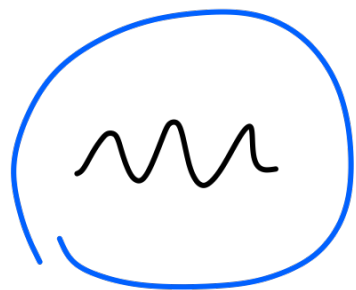
log a(t)

l_p



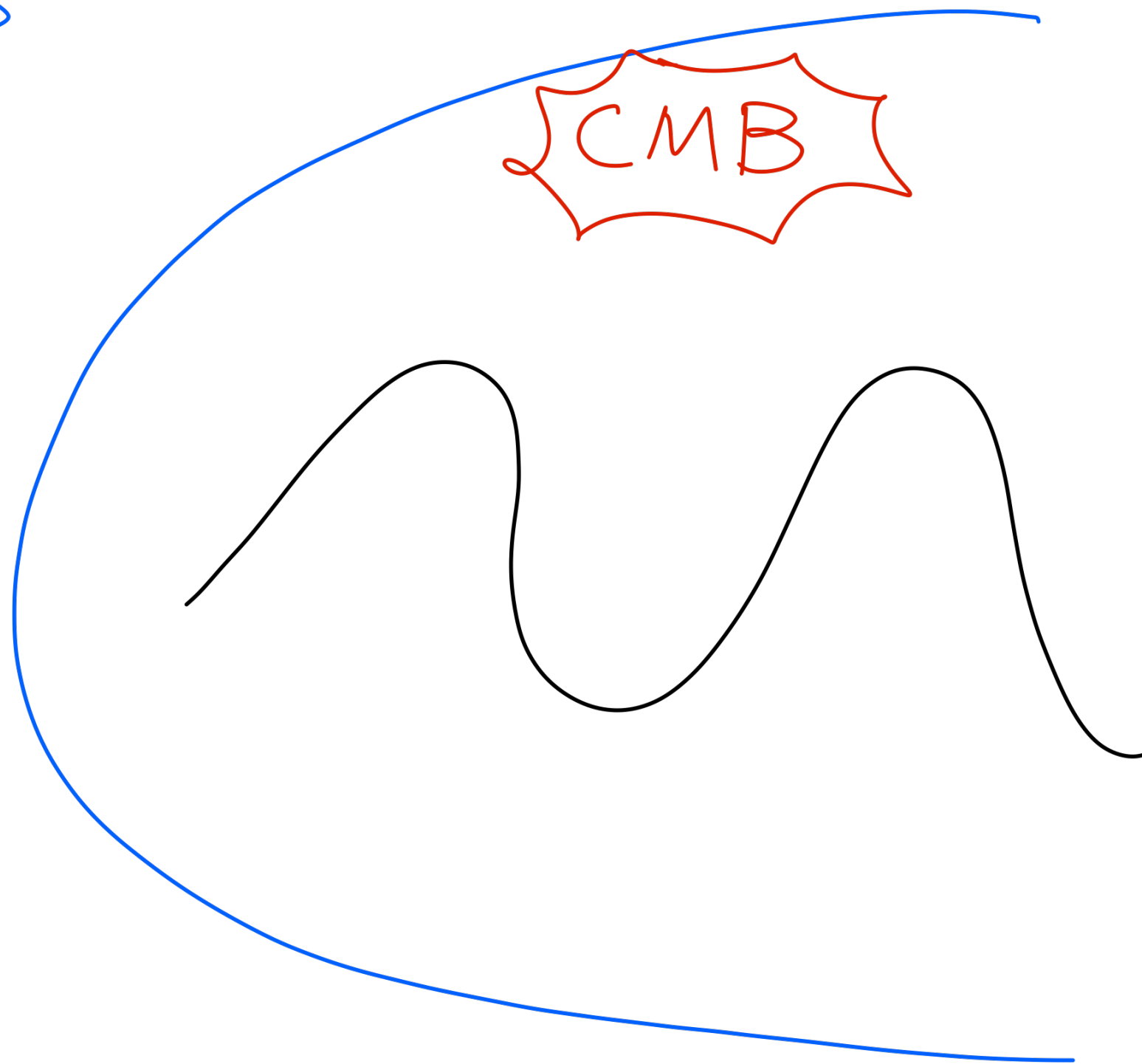


tiny
quantum
fluctuation



exponential
expansion

macroscopic
fluctuation

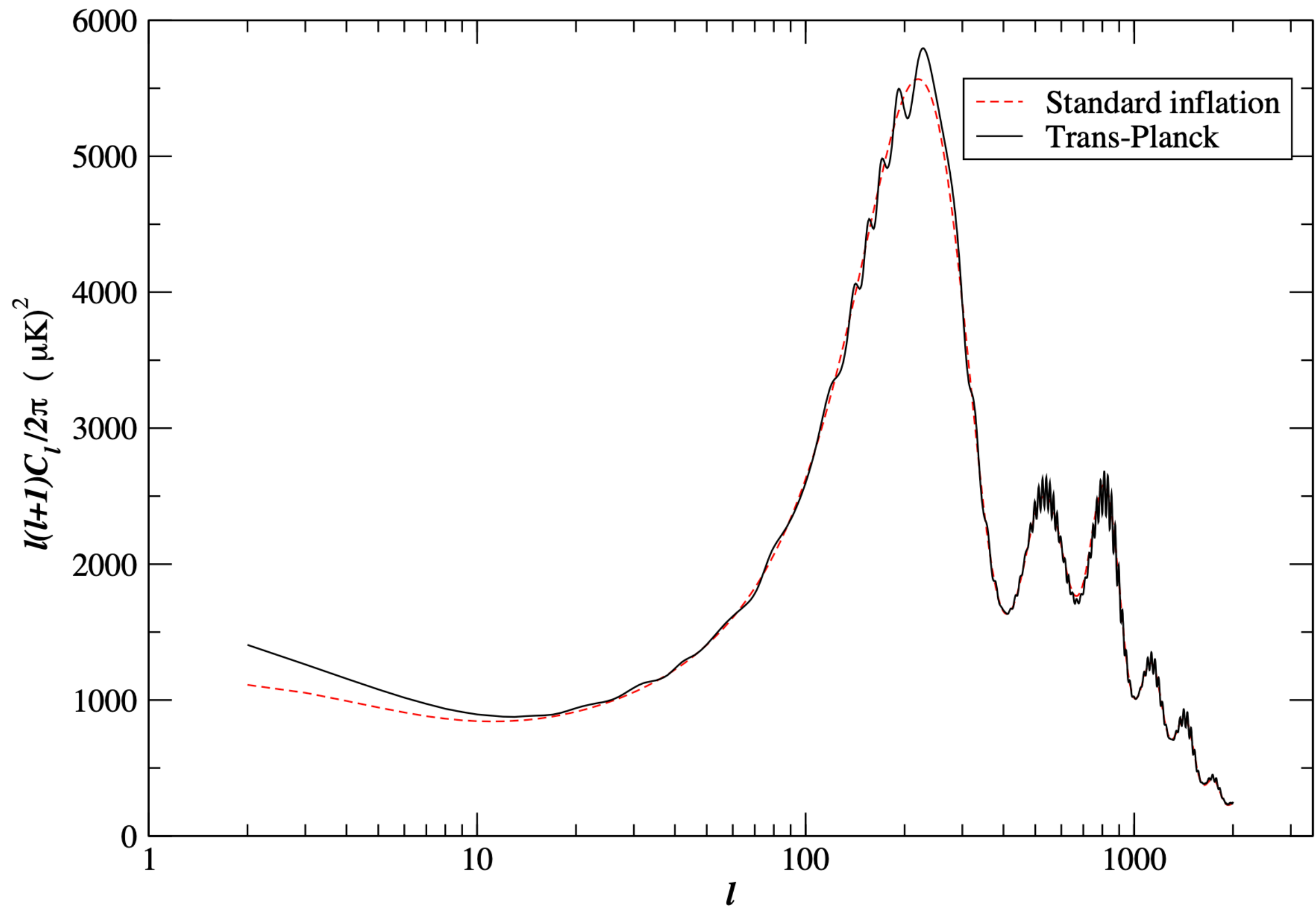


Trans-Planckian "Problem":

Can we observe trans-Planckian modes?

If so, breakdown of EFT?

* Similar problem for BHs



[Martin-Ringeval] astro-ph/0310382

Trans-Plonckian

Censorship

Trans-Planckian Censorship Conjecture (TCC, [Bedroya-Vafa 19])

Horizon-crossing of transPlanckian modes
never happens in QG landscape

$$l_P \underbrace{\frac{a(t)}{a(t_i)}}_{\downarrow} \lesssim \frac{1}{H}$$

e^N N : e-folding

$TCC \Rightarrow$ metastable dS has lifetime

$$T \lesssim H^{-1} \ln(M_{\text{pe}}/H)$$

TCC $\Rightarrow$ metastable dS has lifetime

$$T \lesssim H^{-1} \ln(M_{\text{pl}}/H)$$

_____ . _____ . _____ . _____ . _____

cf. dS swampland conjecture [Obied-Ooguri-Spodyneiko]
— Vafa ('18)

$\Rightarrow$ no metastable dS

$$TCC \Rightarrow \frac{|V'|}{V} \geq \frac{2}{\sqrt{(d-1)(d-2)}} \quad \text{at } \infty$$

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cf. dS swampland conjecture [Obied-Ooguri-Spodyneiko
— Vafa ('18)]

$$\frac{|V'|}{V} \geq \underset{\substack{\uparrow \\ \mathcal{O}(1) \text{ number}}}{c} \quad \text{everywhere}$$

$$TCC \Rightarrow \frac{|V'|}{V} \geq \frac{2}{\sqrt{(d-1)(d-2)}} \quad \text{at } \infty$$

cf. dS swampland conjecture [Obied-Ooguri-Spodyneiko
— Vafa ('18)]

$$\frac{|V'|}{V} \geq \underset{\substack{\uparrow \\ \mathcal{O}(1) \text{ number}}}{c} \quad \text{everywhere}$$

Problem with Higgs / pion / axion

[Denef-Hebecker-Wrase, Murayama-Yangida-MY
Choi-Chwoy-shin, Hamaguchi-Ibe-Moroi ('18)]

1. Trans-Planckian Censorship and Inflationary Cosmology

Alek Bedroya (Harvard U.), Robert Brandenberger (McGill U.), Marilena Loverde (YITP, Stony Brook), Cumrun Vafa (Harvard U.). S

e-Print: [arXiv:1909.11106](#) [hep-th] | [PDF](#)

[References](#) | [BibTeX](#) | [LaTeX\(US\)](#) | [LaTeX\(EU\)](#) | [Harvmac](#) | [EndNote](#)
[ADS Abstract Service](#)

[レコードの詳細](#) - [Cited by 27 records](#)

2. Trans-Planckian Censorship and the Swampland

Alek Bedroya, Cumrun Vafa (Harvard U.). Sep 24, 2019. 35 pp.

e-Print: [arXiv:1909.11063](#) [hep-th] | [PDF](#)

[References](#) | [BibTeX](#) | [LaTeX\(US\)](#) | [LaTeX\(EU\)](#) | [Harvmac](#) | [EndNote](#)
[ADS Abstract Service](#)

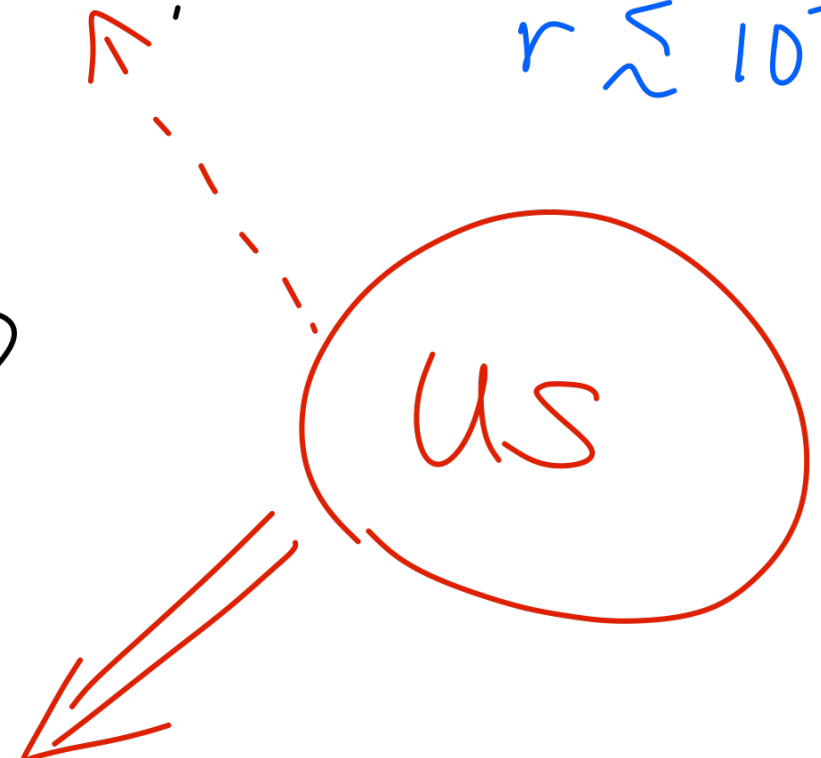
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$$r \sim \frac{P_t}{P_s} \lesssim 10^{-30}$$

Questions Raised on TCC:

- * Implications if true? eg. $r \lesssim 10^{-30}$
 $r \lesssim 10^{-8}$
 $r \lesssim 10^{-3}$
- * Checks, Derivations?

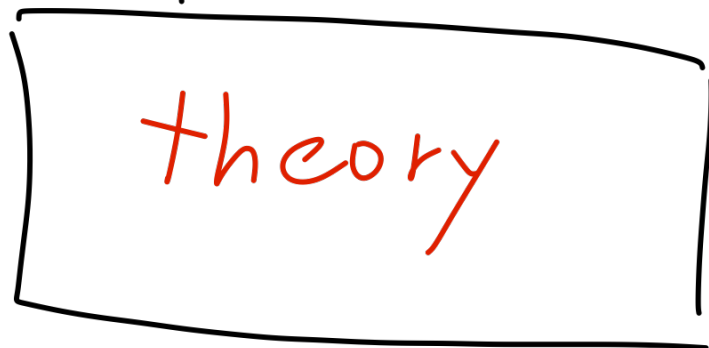
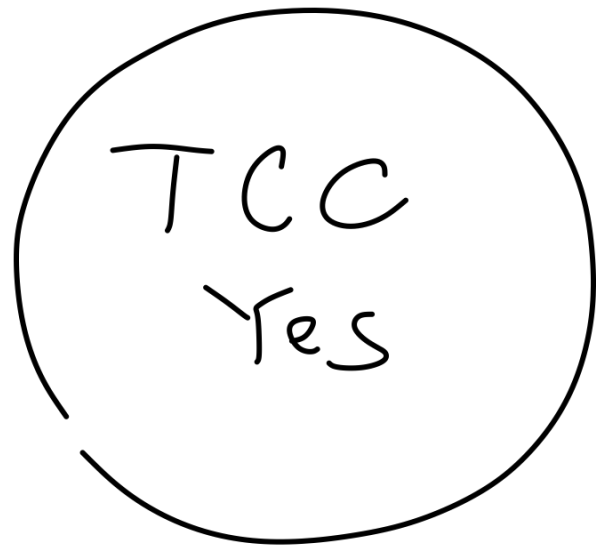
Questions Raised on TCC:

- * Implications if true? eg. $r \lesssim 10^{-8}$
 $r \lesssim 10^{-3}$
 $r \lesssim 10^{-30}$
 - * Checks, Derivations?
 - * Is TCC a Swampland conjecture?
- 

Problems w/ TCC

Basic Problem w/ TCC: $\frac{a}{a_i} \lesssim \frac{M_{pe}}{H}$

Scenario

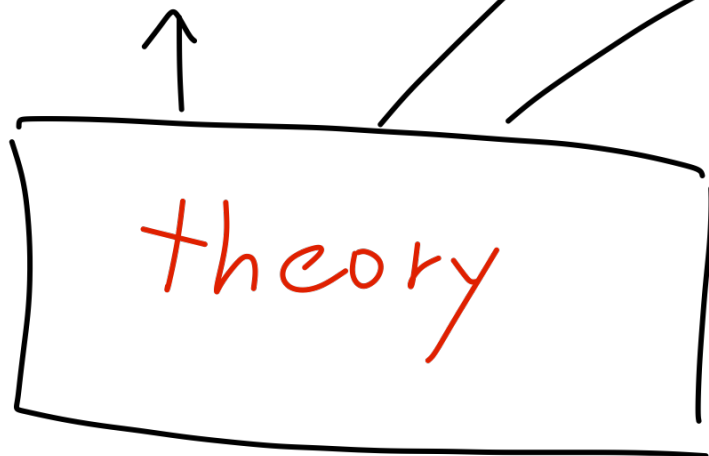
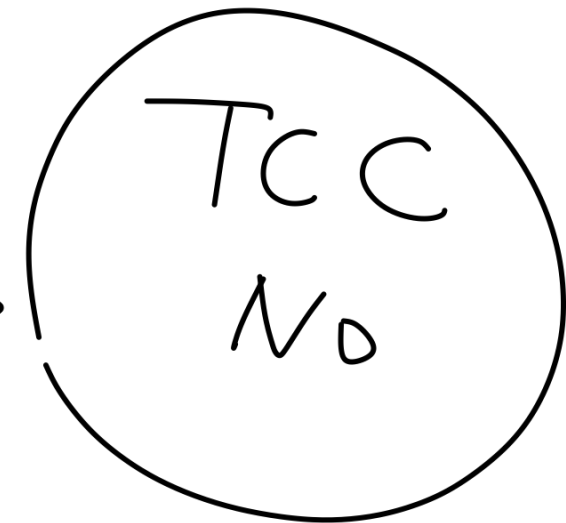
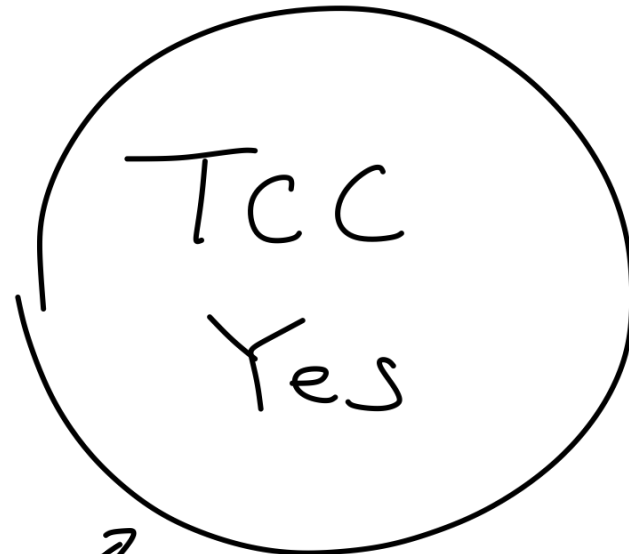
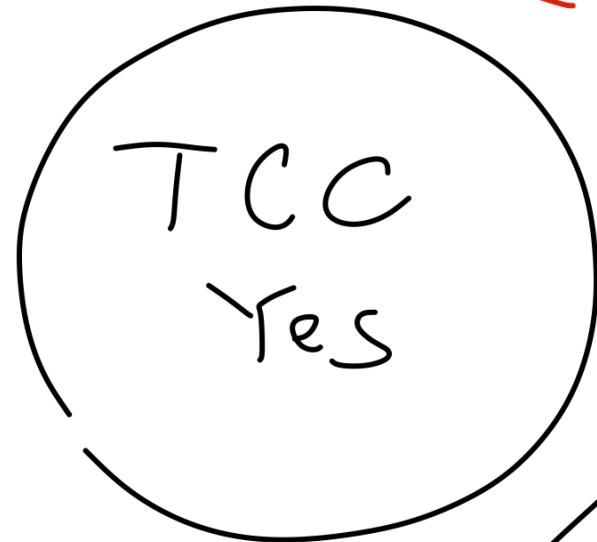


Basic Problem w/ TCC: $\frac{a}{a_i} \leq \frac{M_{pe}}{H}$

Scenario 2

Scenario 3

Scenario 1

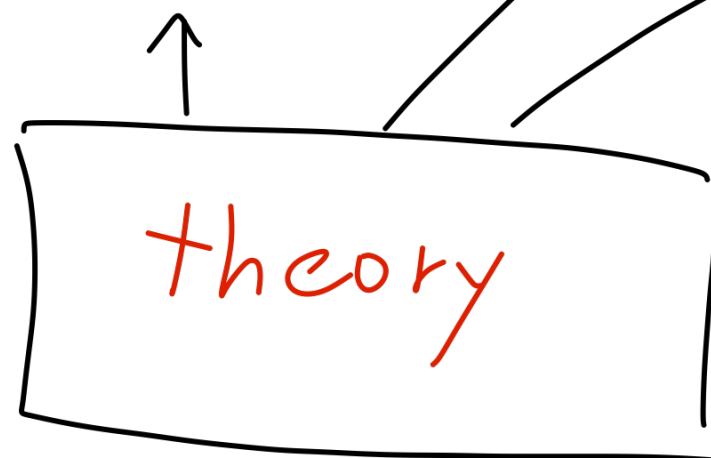
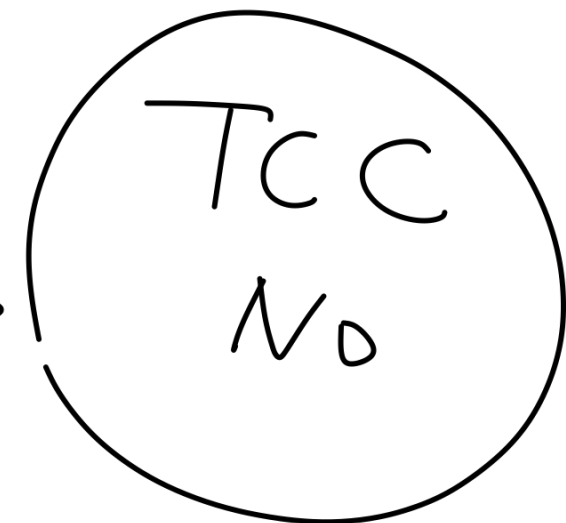
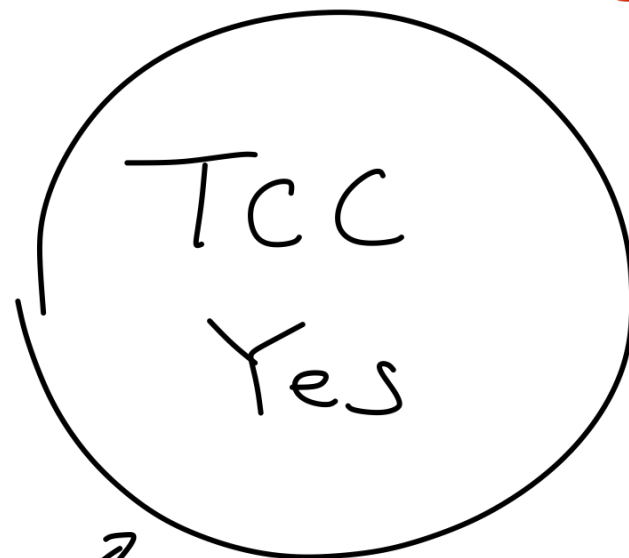
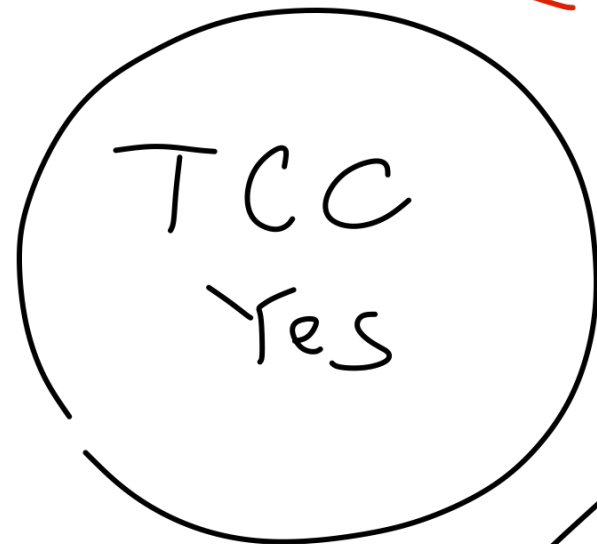


Basic Problem w/ TCC: $\frac{a}{a_i} \lesssim \frac{M_{pe}}{H}$

Scenario 2

Scenario 3

Scenario 1



a Swampland conjecture
should apply to ALL scenarios
in a given theory

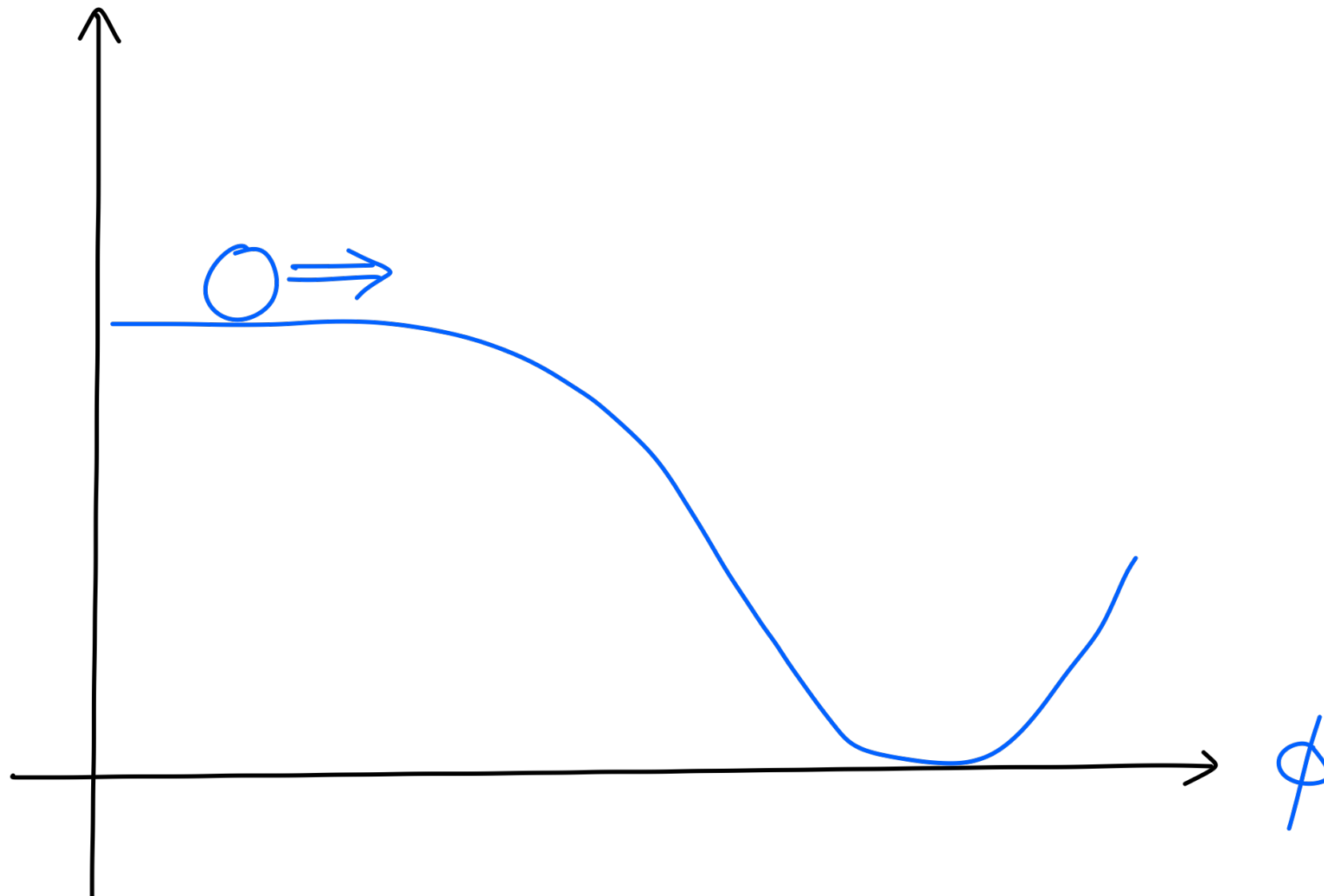
1. What happens if TCC

indeed applies *universally*?

(universal TCC)

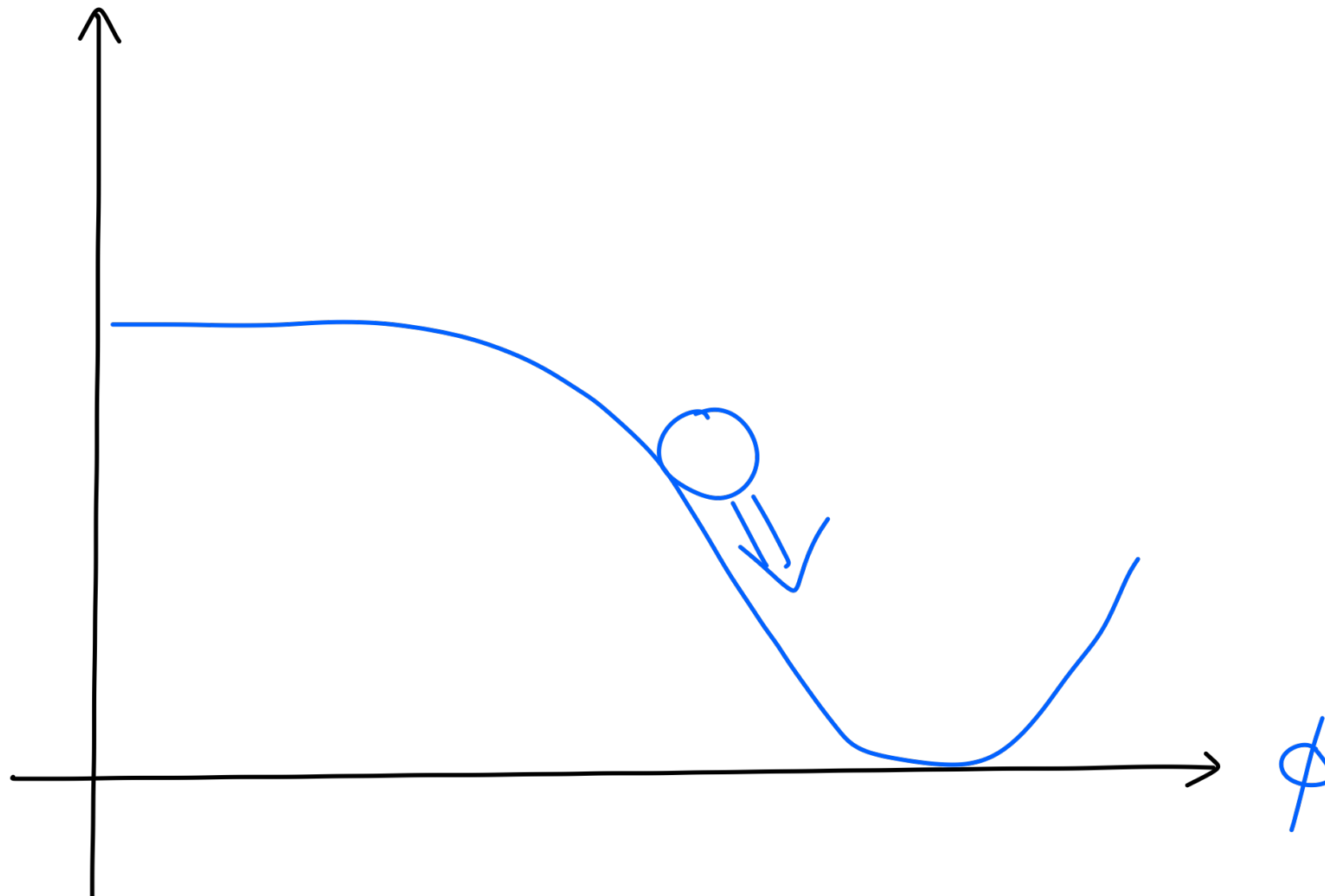
inflation

$V(\phi)$



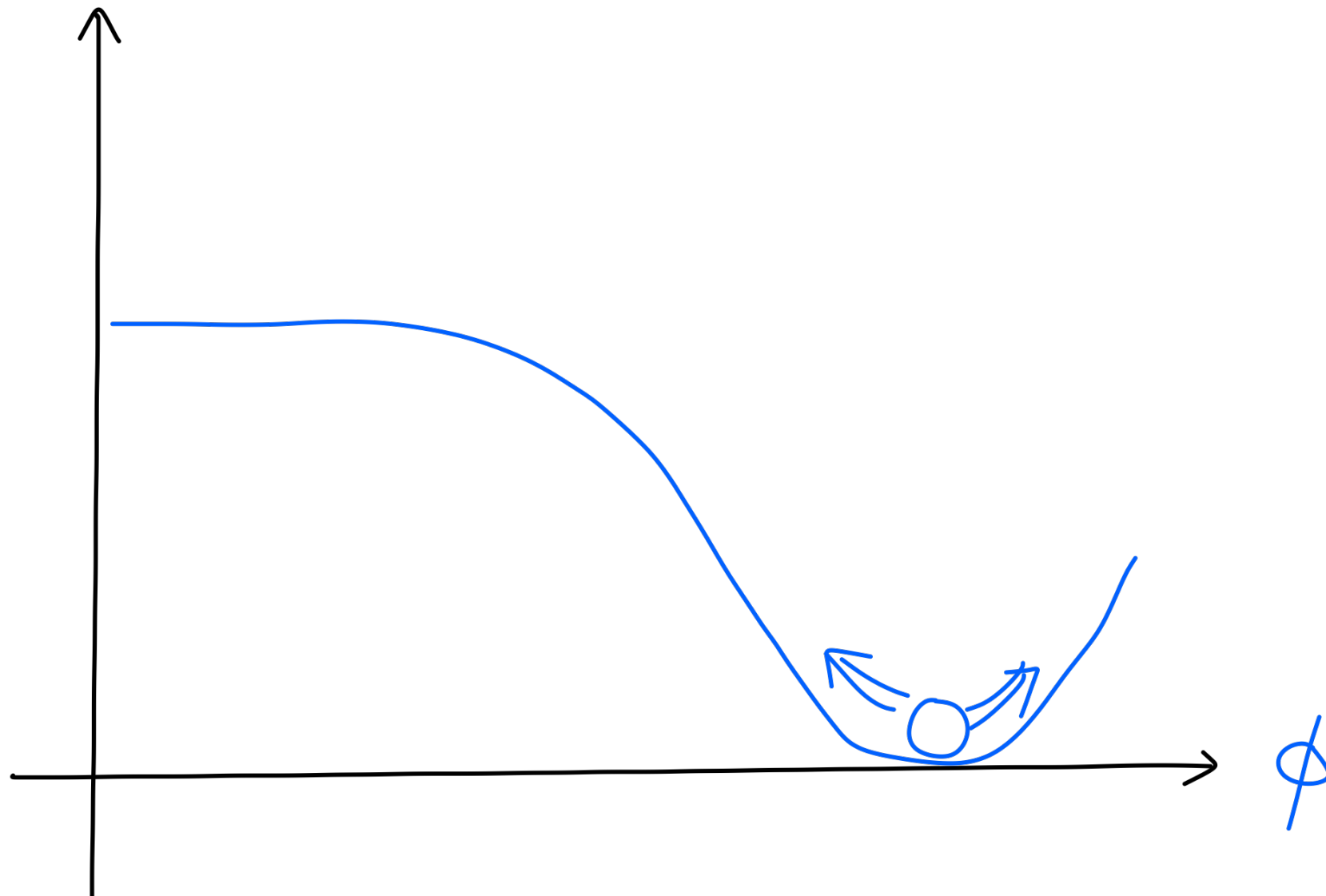
inflation

$V(\phi)$



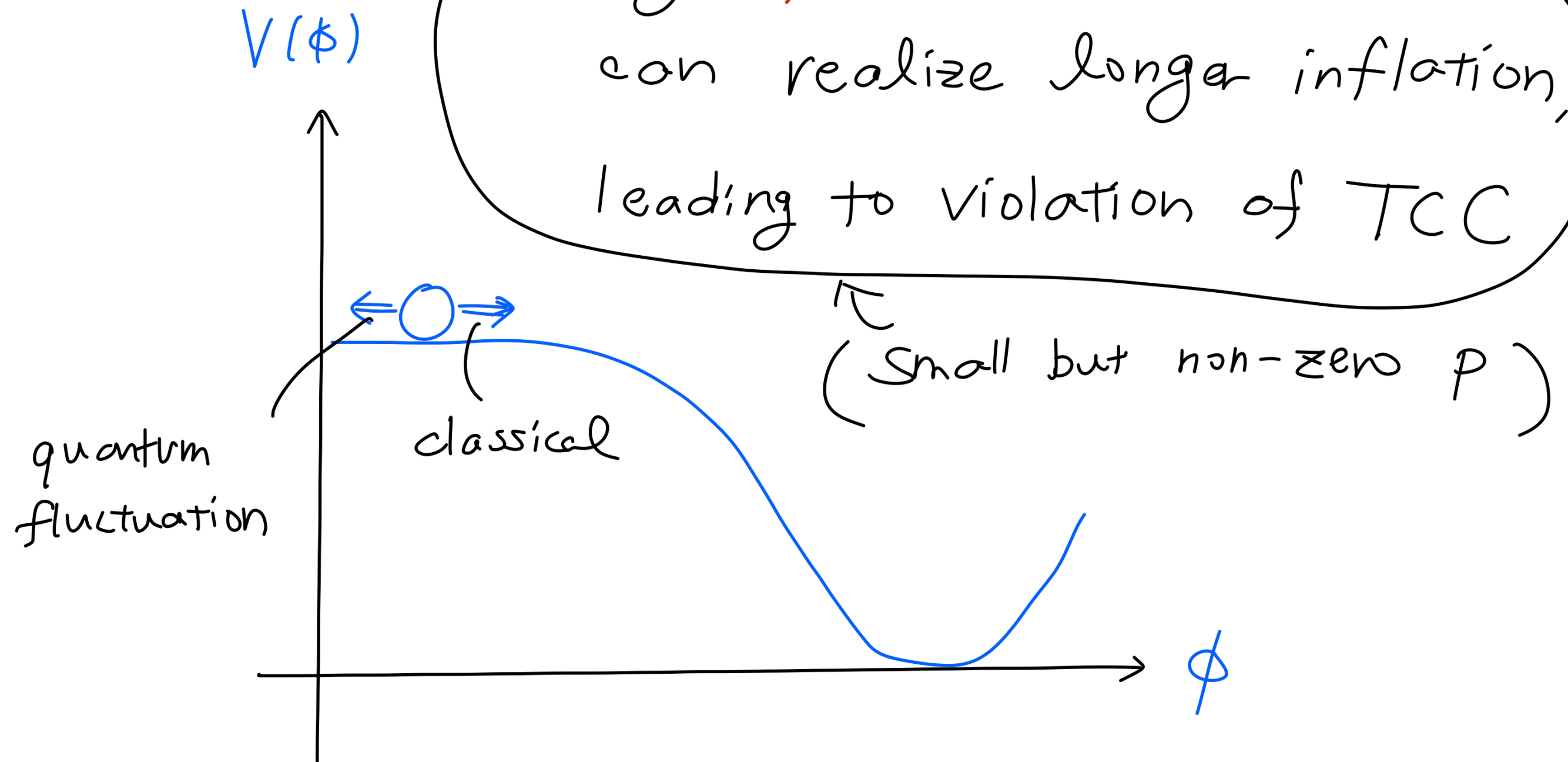
inflation

$V(\phi)$



inflation

Large quantum fluctuations
can realize longer inflation,
leading to violation of TCC



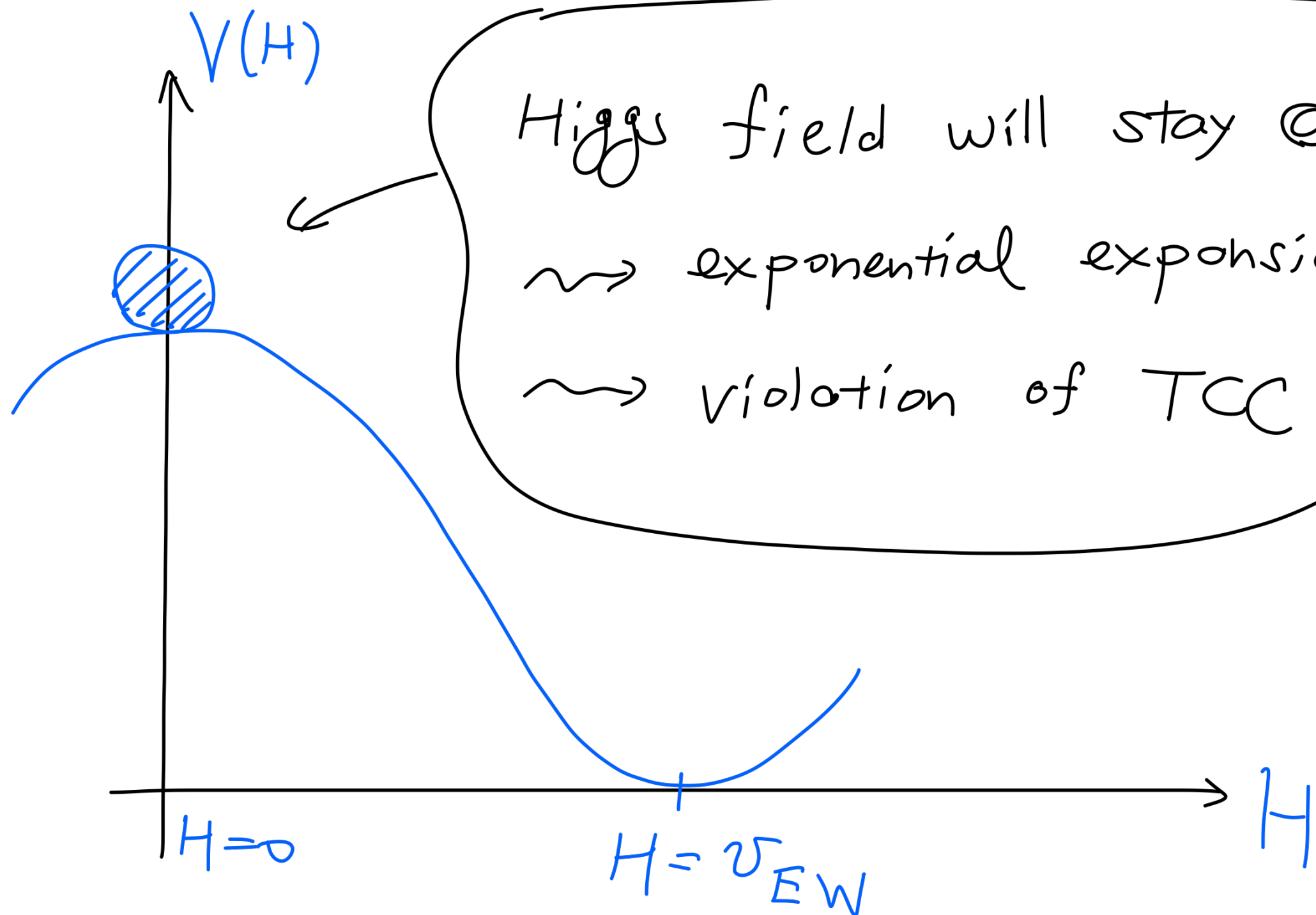
2. If quantum fluctuations are

problematic, why not only

classical locus?

(classical TCC)

Higgs



3. We require that TCC is obeyed
in our Universe,

(implicit in many follow-up papers)

3. We require that TCC is obeyed
in our Universe,

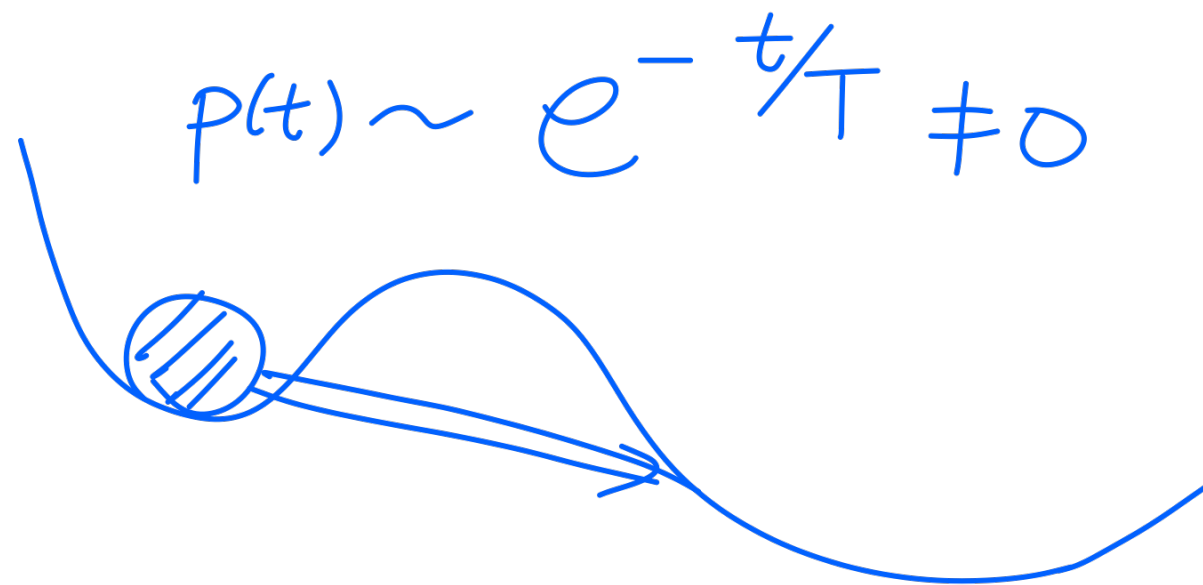
by requiring at least one TCC-consistent
scenario for a given theory

(observational TCC)

(implicit in many follow-up papers)

This is fine (we are *atypical*)

However, the prediction $T \lesssim H^{-1} \ln H^{-1}$
is gone since decay is probabilistic



4. Allow TCC violation with

"small" probabilities?

(probabilistic TCC)

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"Small" probabilities?

↑
how small?
why?

(probabilistic TCC)

4. Allow TCC violation with

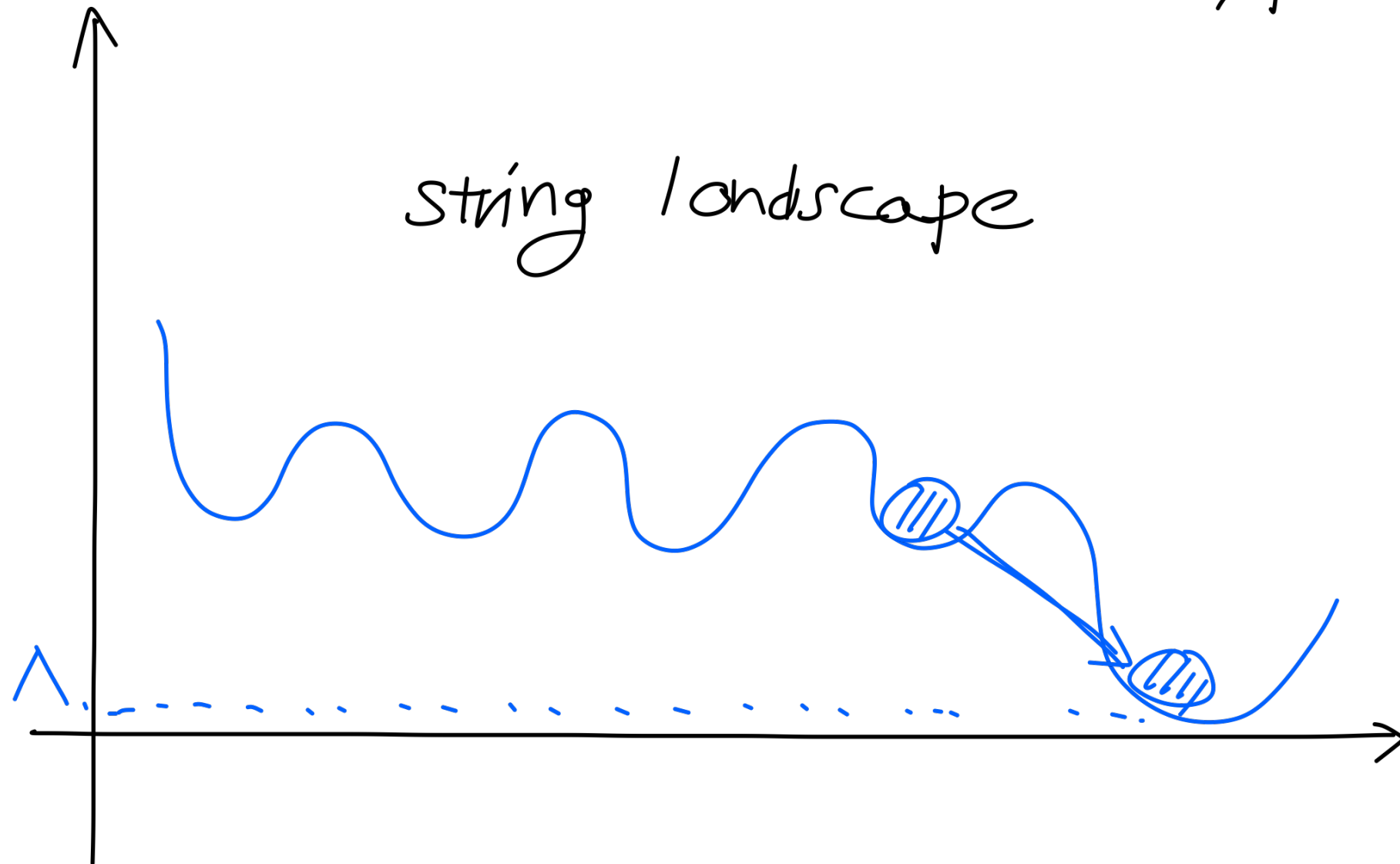
"Small" probabilities?

↑
how small?
why?

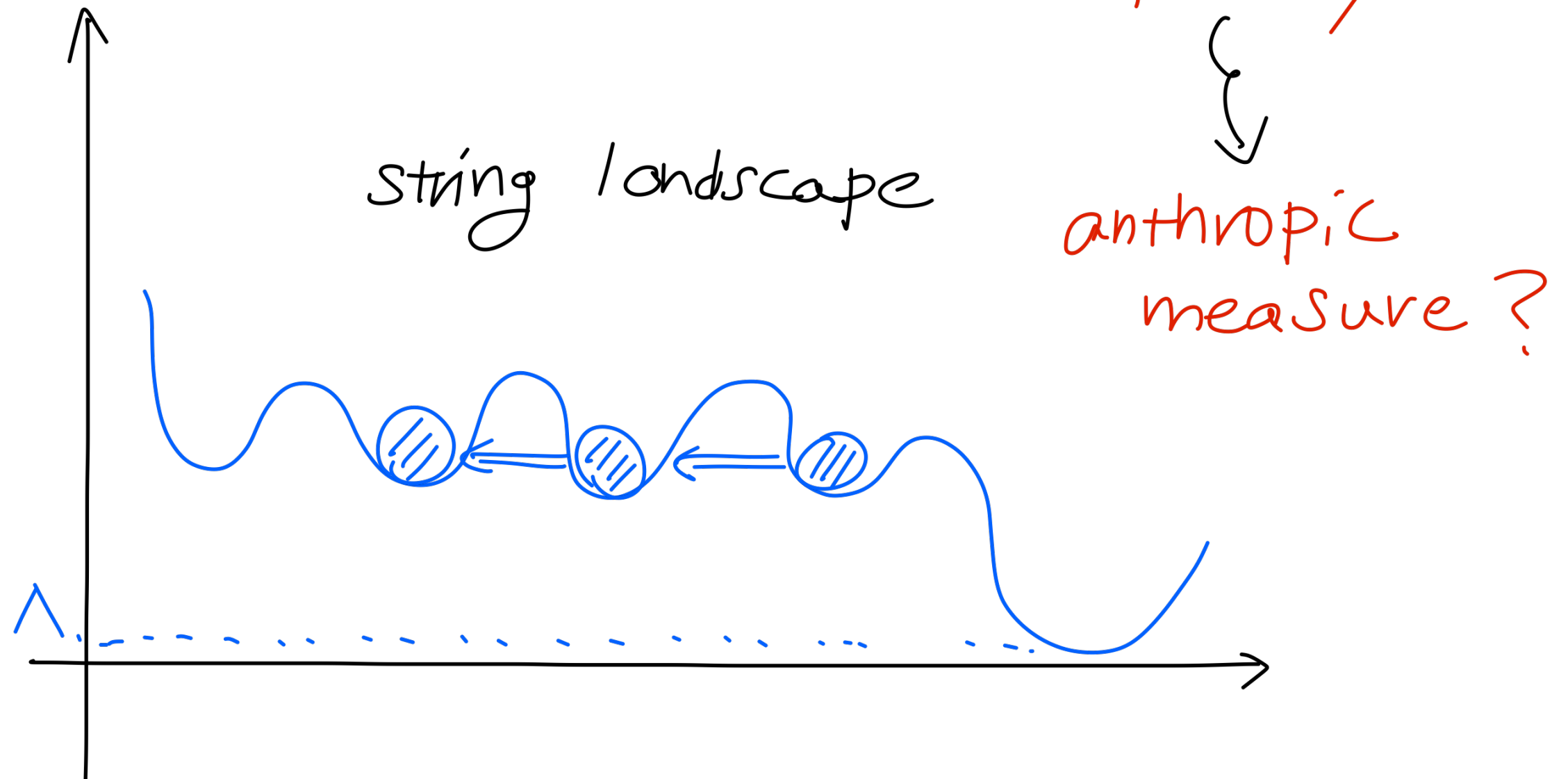
↑
which probability?
"measure problem"

(probabilistic TCC)

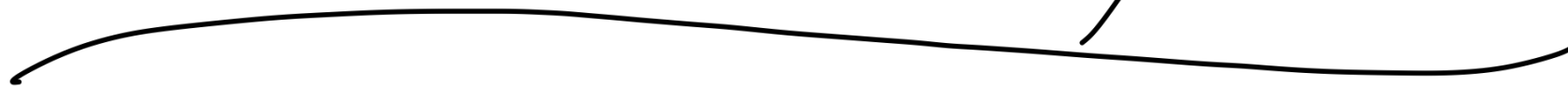
We ourselves can be very *atypical/unlikely*,
while probabilistic prediction
assumes typicality



We ourselves can be very **atypical**
while probabilistic prediction
assumes **typicality**



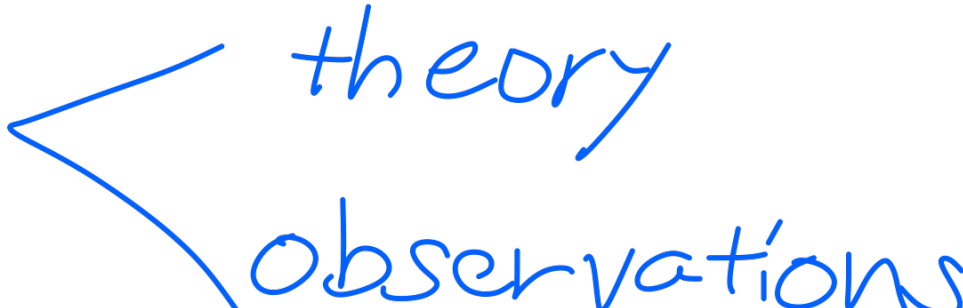
Summary



* Non-trivial if TCC
is a swampland conjecture

If not, resurrection of the
trans-Planckion problem?

* Ideas on QG can be

tested against  theory
observations

* A Swampland conjecture is a
constraint on theory, not scenarios

~> other possible (unobservable) Universes
affects observable predictions

(General Lesson on QG ??)