

# Digging traversable wormholes

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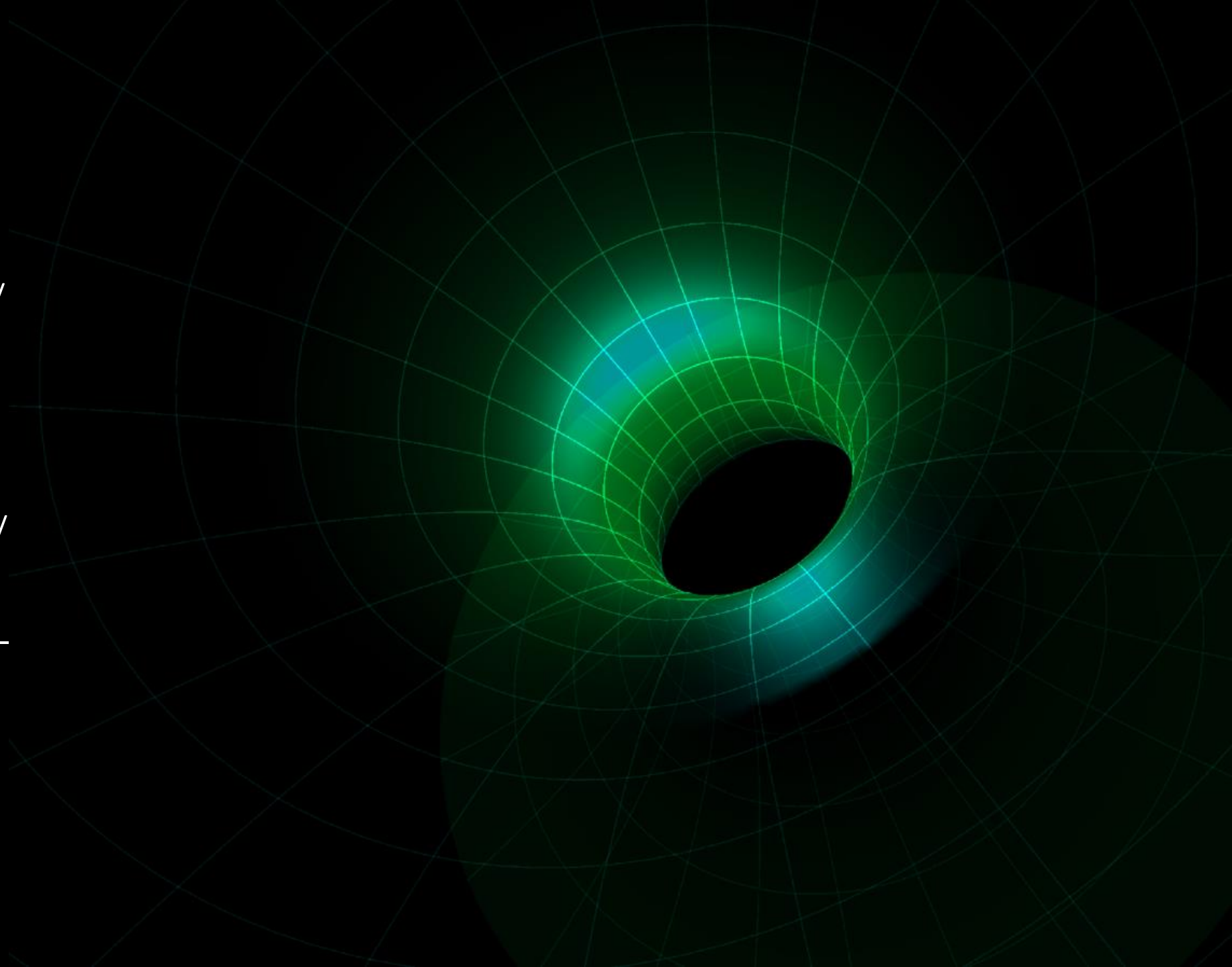


Based on

2012.07821 [hep-th] w/  
Brianna Grado-White  
Don Marolf  
Marija Tomašević

and work in progress w/  
Marija Tomašević

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# Wormholes in this talk

Lorentzian

Traversable

In a single universe



What can spacetime do?

What topologies?

What connectivity in space and in time?

Classical or quantum matter?

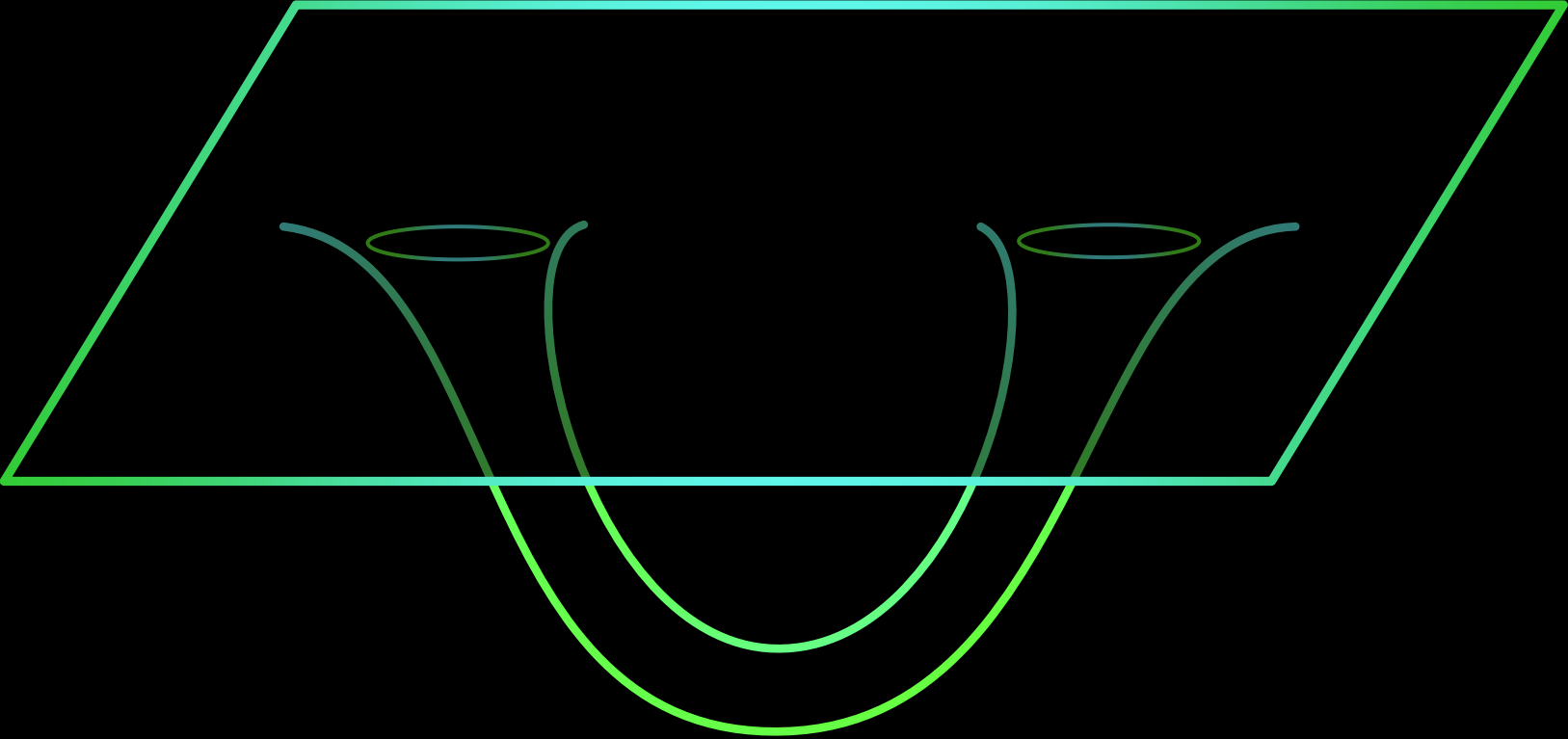
What does it mean?

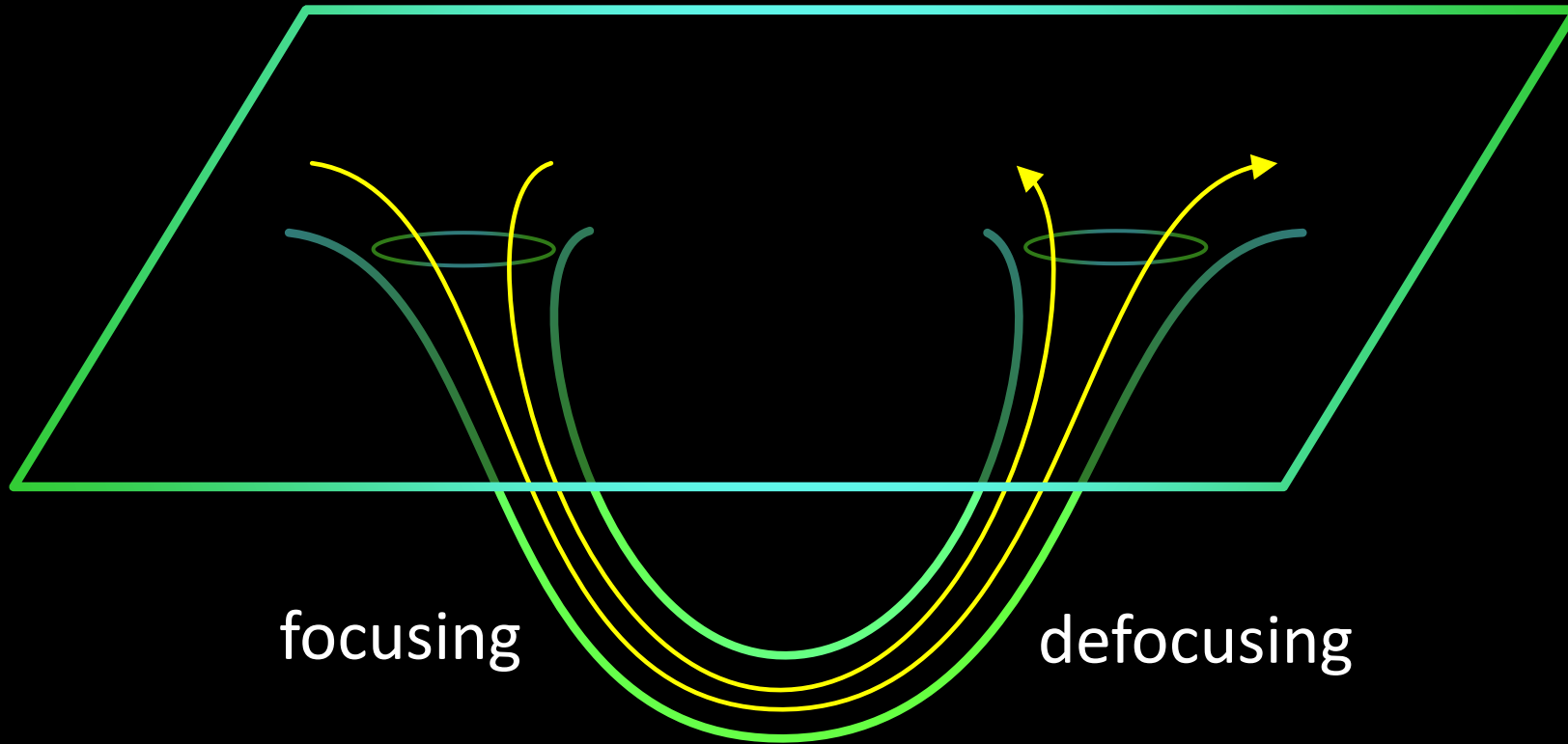
Geometric duals of quantum teleportation

Patterns of holographic entanglement

Are they possible?

Negative null energy required





focusing

defocusing

Repulsive effect on light rays  
Negative null energy

$$T_{\mu\nu} \ell^\mu \ell^\nu < 0$$



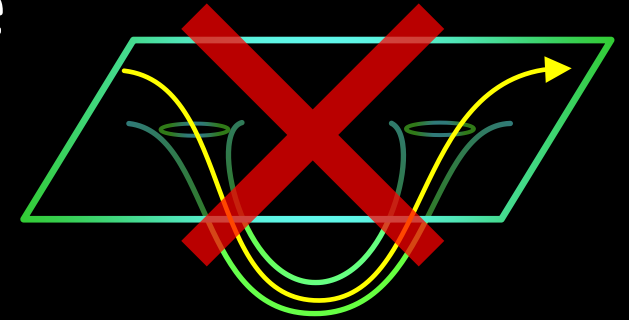
# Topological censorship

Assume Null Energy Condition (NEC)

$$T_{\mu\nu}\ell^\mu\ell^\nu \geq 0$$

Then, causal curves are deformable  
to boundary of spacetime

⇒ ~~∃~~ wormholes



## Weaker assumption

Averaged (integrated) Null Energy Condition (ANEC)

$$\int_{\gamma} d\lambda T_{\mu\nu} \ell^{\mu} \ell^{\nu} \geq 0$$

$\gamma$ : complete null curve

is enough for theorem

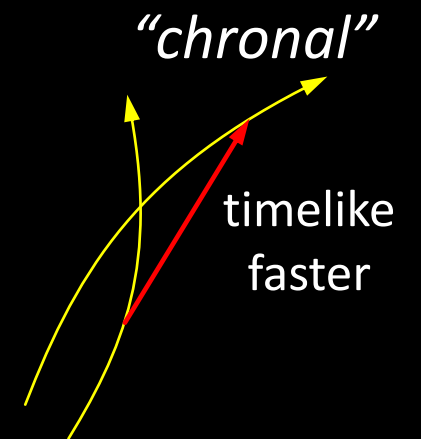
# Even weaker assumption

Graham+Olum 2007

Achronal Averaged Null Energy Condition (AANEC)

$$\int_{\gamma} d\lambda T_{\mu\nu} \ell^{\mu} \ell^{\nu} \geq 0 \text{ along achronal null lines}$$

achronal light ray = “fastest path”



# Classical Matter

Null Energy is positive (NEC)

Cannot defocus

Traversable wormholes **impossible**

# Quantum Matter

Null Energy can be negative ~~NEC~~

Achronal ANEC holds

GSL  $\Rightarrow$  ANEC Wall 2009

# Quantum Physics

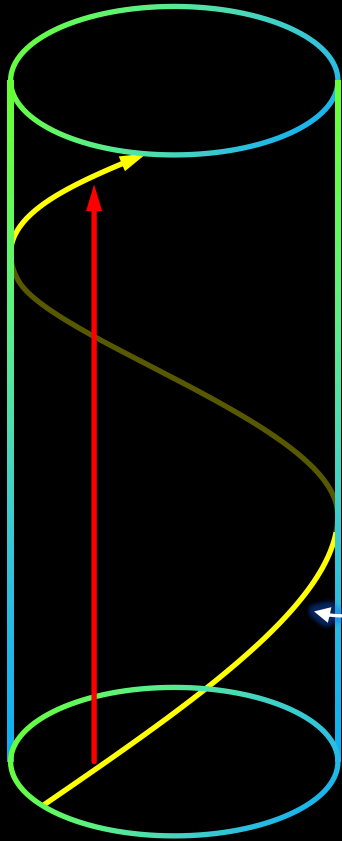
Null Energy can be negative ~~NEC~~

⇒ traversable wormholes become possible

Achronal ANEC holds

⇒ only long wormholes

# ~~ANEC~~ in Casimir cylinder



Casimir energy  $< 0$

$$\int_{\gamma} d\lambda T_{\mu\nu} \ell^{\mu} \ell^{\nu} < 0$$

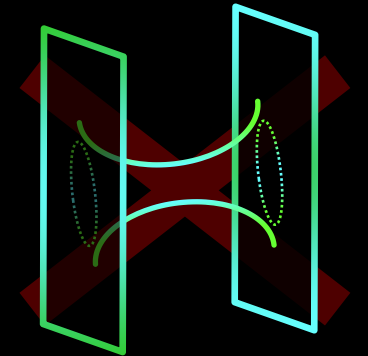
but this null geodesic is not achronal

Achronal ANEC holds

# Quantum Physics

Achronal ANEC implies:

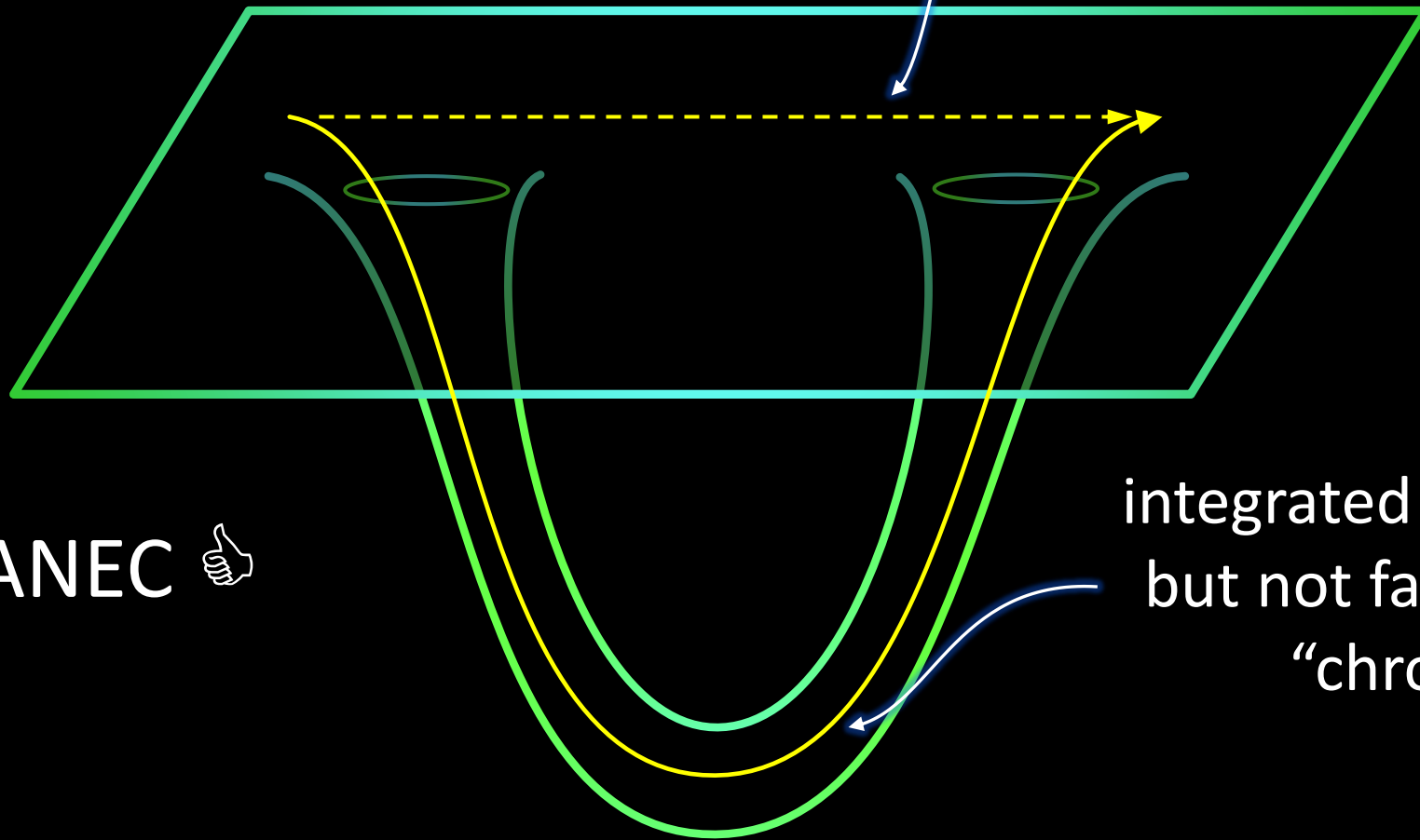
- Short wormholes **impossible**
- Inter-universe wormholes **impossible**
- Long wormholes **possible**





# Long wormhole

integrated energy  $> 0$   
achronal

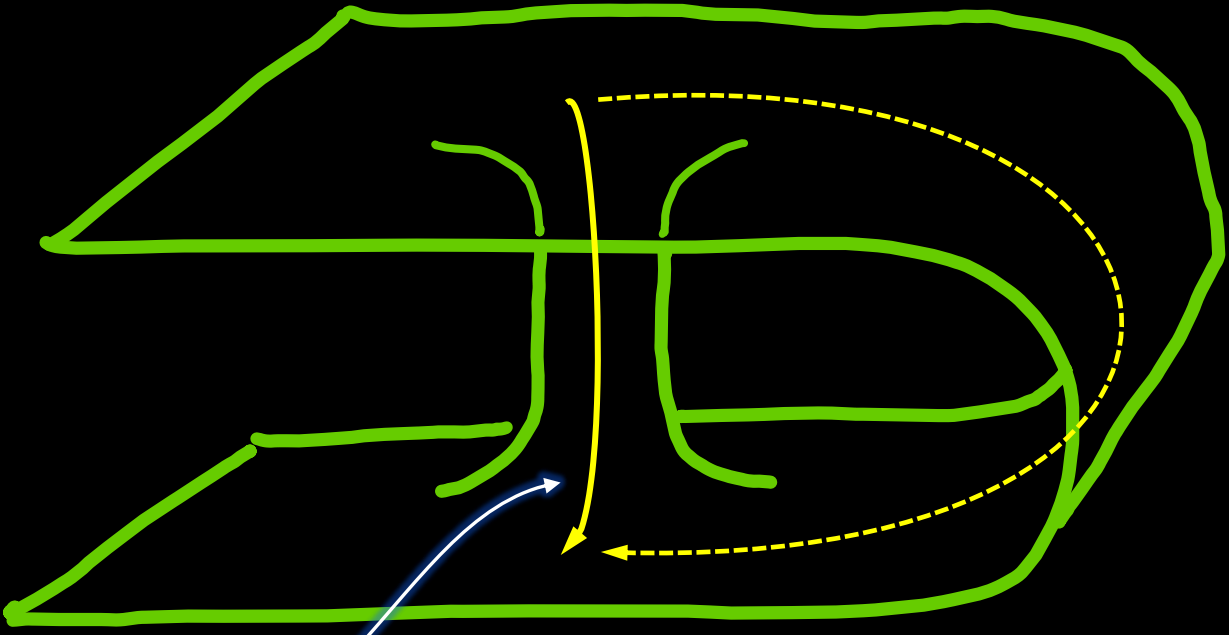


Achronal ANEC 👍

integrated energy  $< 0$   
but not fastest path  
"chronal"

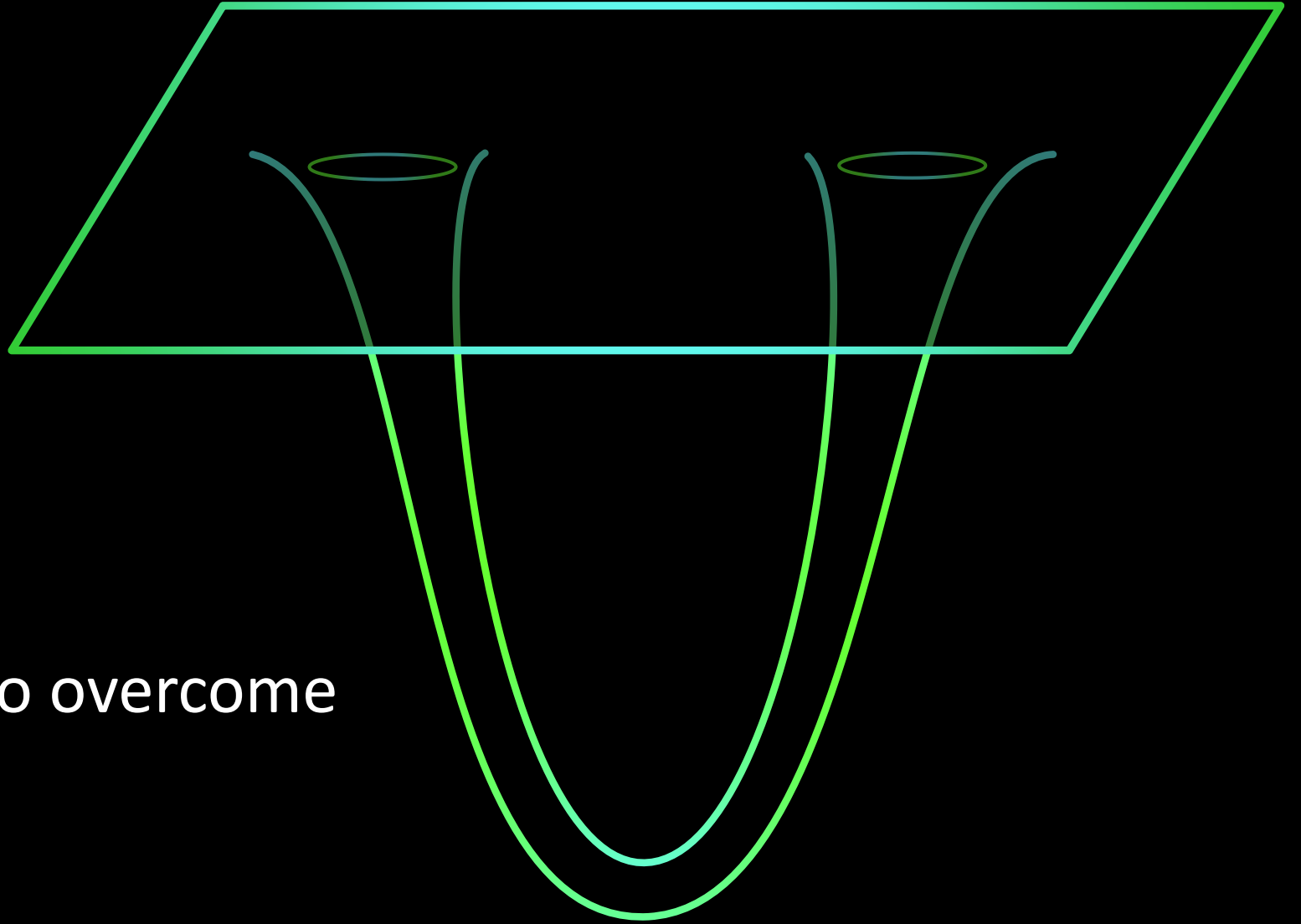
# Short wormhole

~~Achronal ANEC~~ 🙅



integrated energy  $< 0$   
fastest path  
achronal

inter-universe wormhole: ultra-short

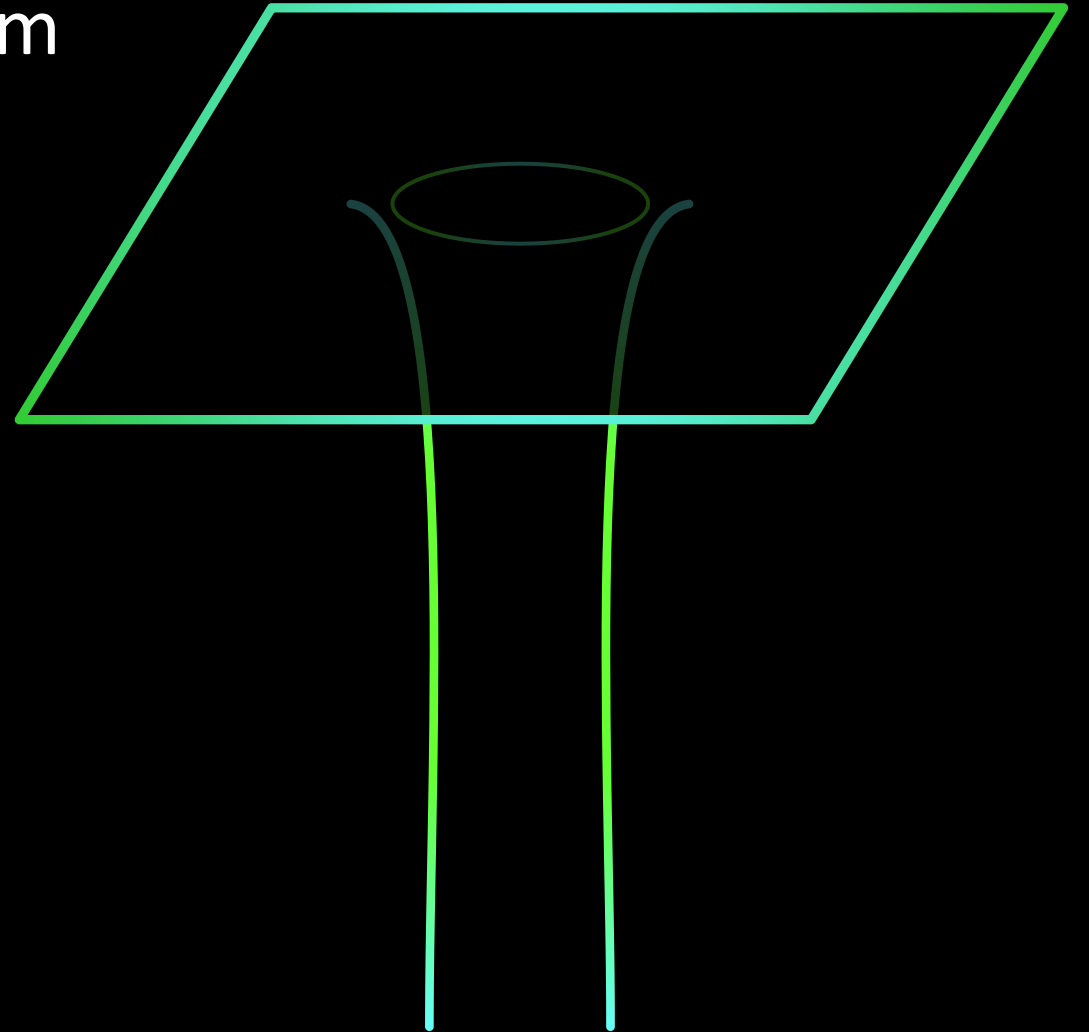


## Need

- long throats
- quantum -ve energy to overcome +ve classical energy

## Near-extremal Reissner-Nordstrom

- long throat
- large redshift: small energies

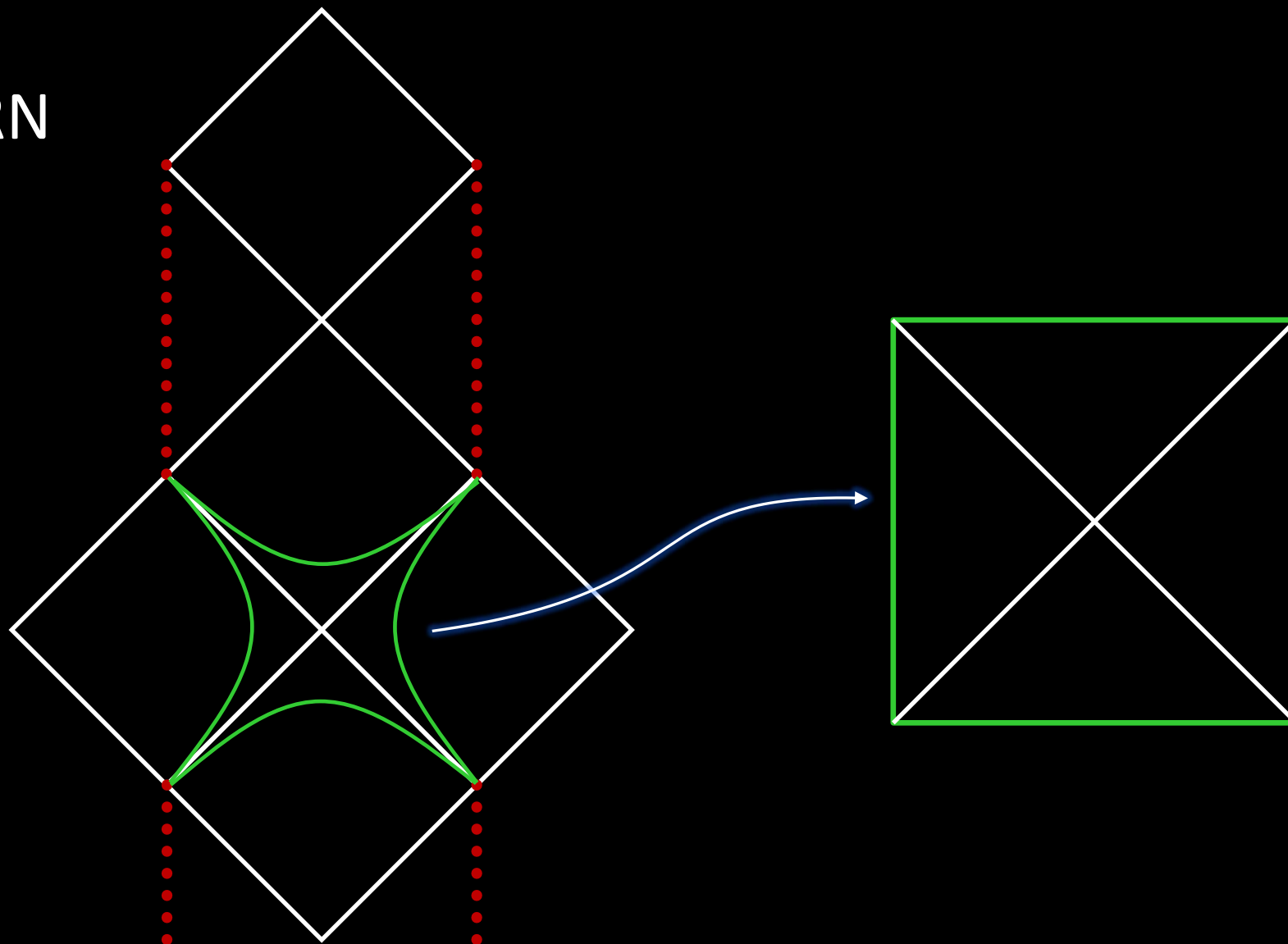


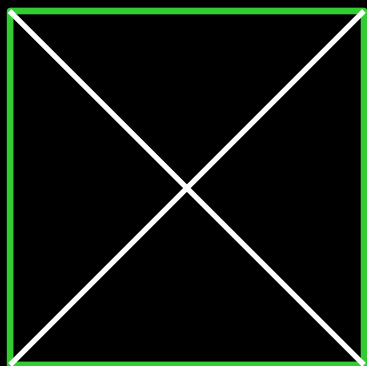
*Maldacena+Milekhin+Popov 2018*

Near-extremal RN

near horizon

$AdS_2 \times S^2$





non-traversable  
wormhole

ER bridge

Rindler-AdS<sub>2</sub>

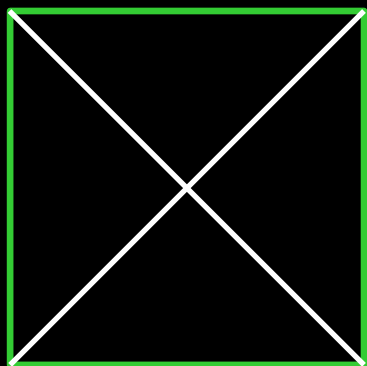
$$ds^2 = -(r^2 - 1)dt^2 + \frac{dr^2}{r^2 - 1}$$



traversable  
wormhole

Global AdS<sub>2</sub>

$$ds^2 = -(r^2 + 1)dt^2 + \frac{dr^2}{r^2 + 1}$$



non-traversable  
wormhole

ER bridge

Rindler-AdS<sub>2</sub>

$$ds^2 = -(r^2 - 1)dt^2 + \frac{dr^2}{r^2 - 1}$$

positive energy above  
extremality



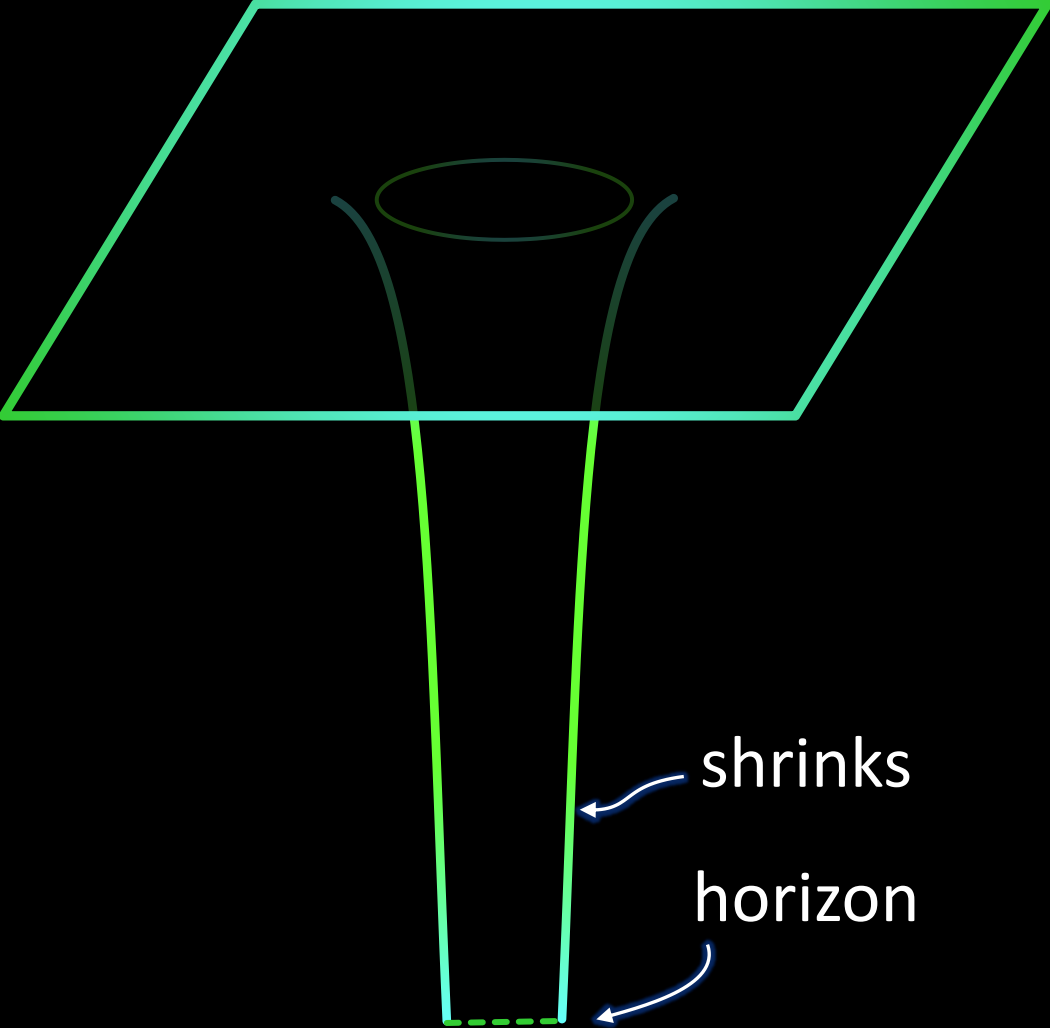
traversable  
wormhole

Global AdS<sub>2</sub>

$$ds^2 = -(r^2 + 1)dt^2 + \frac{dr^2}{r^2 + 1}$$

negative energy

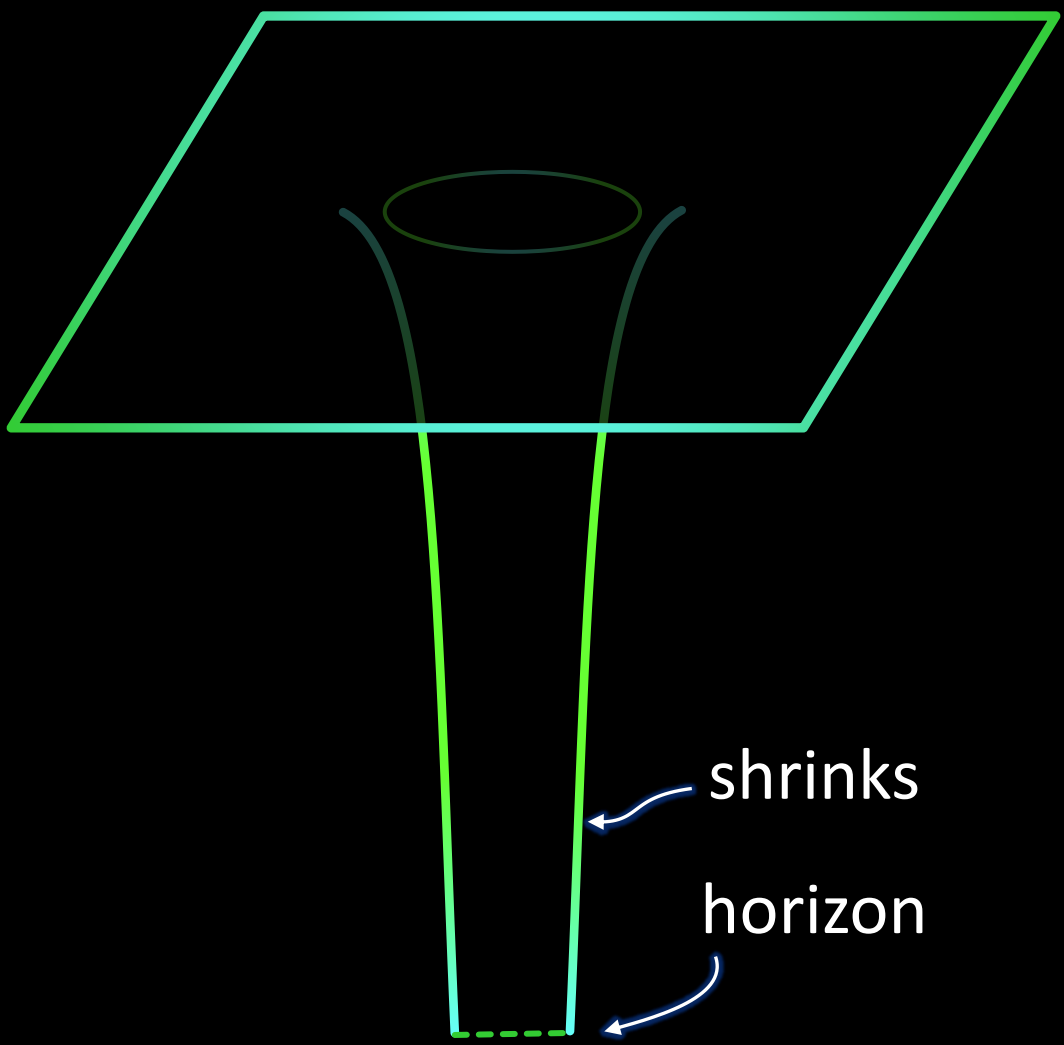
M>Q Reissner-Nordstrom



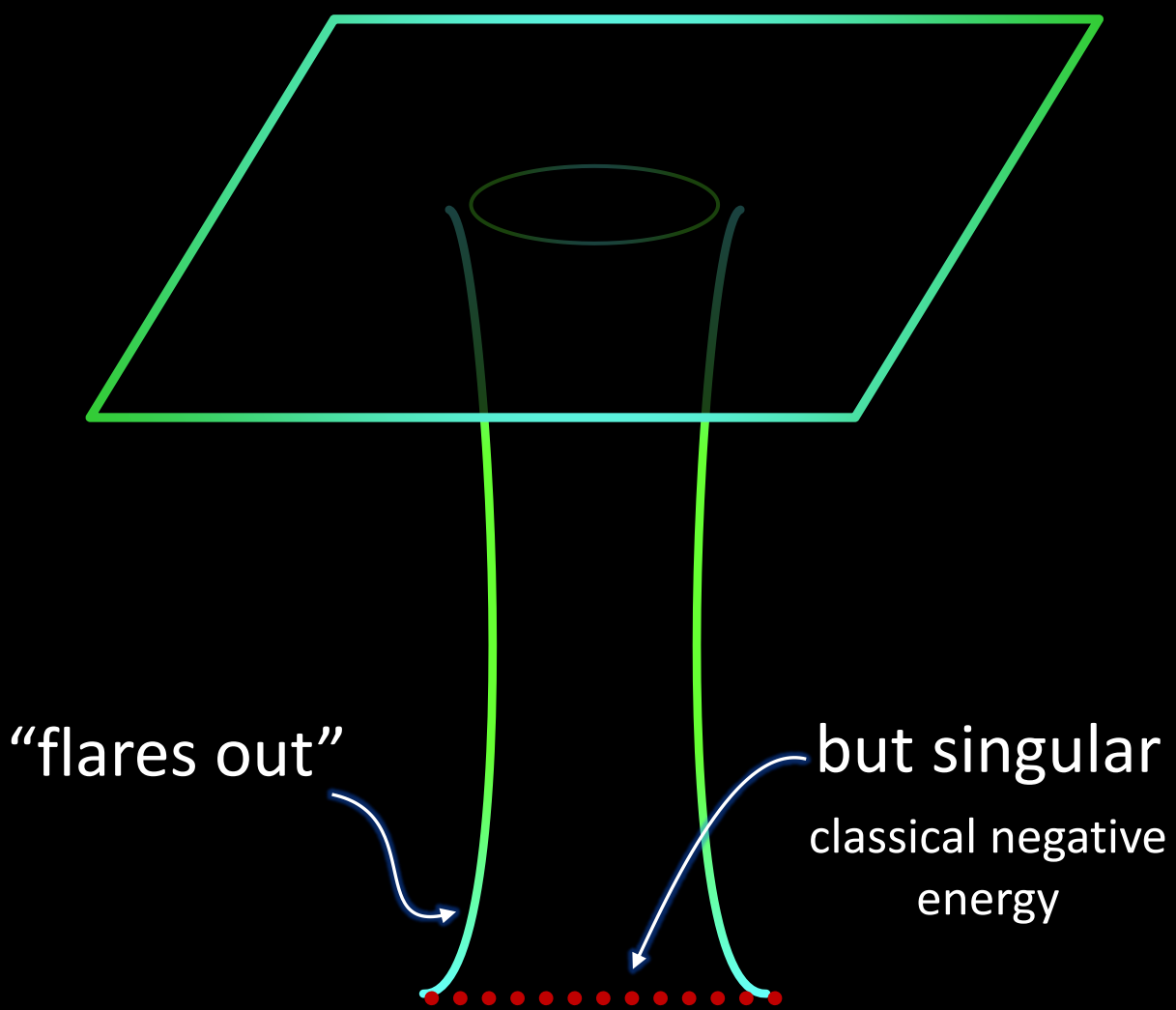
if lower energy is required,  
then, how about  $M < Q$ ?

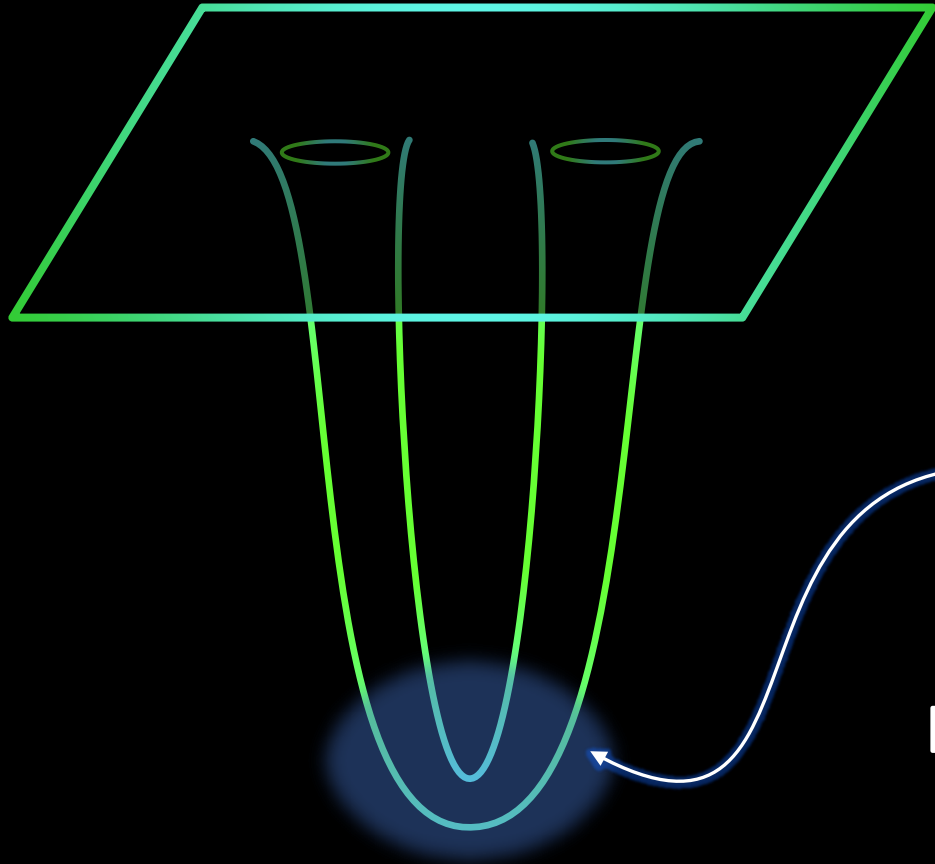


$M > Q$  Reissner-Nordstrom



$M < Q$  Reissner-Nordstrom





Perturb  $M > Q$  Reissner-Nordstrom w/  
negative-energy quantum matter

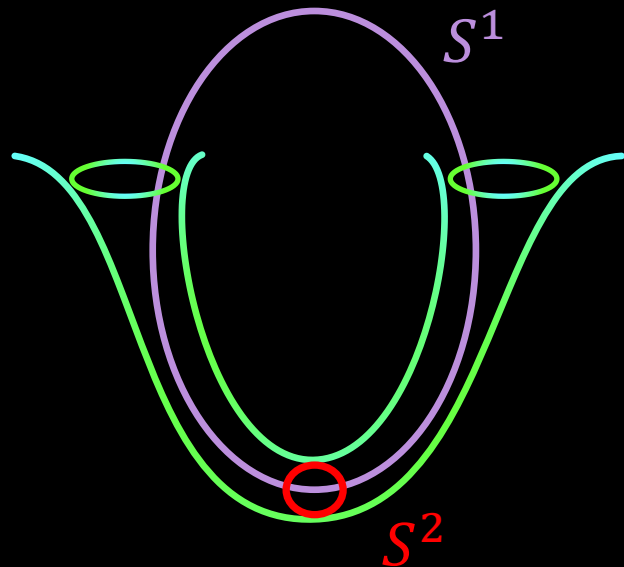
ER bridge ("almost traversable" wormhole)

→ traversable wormhole

# Need Quantum

Negative Casimir energy

Where/how?

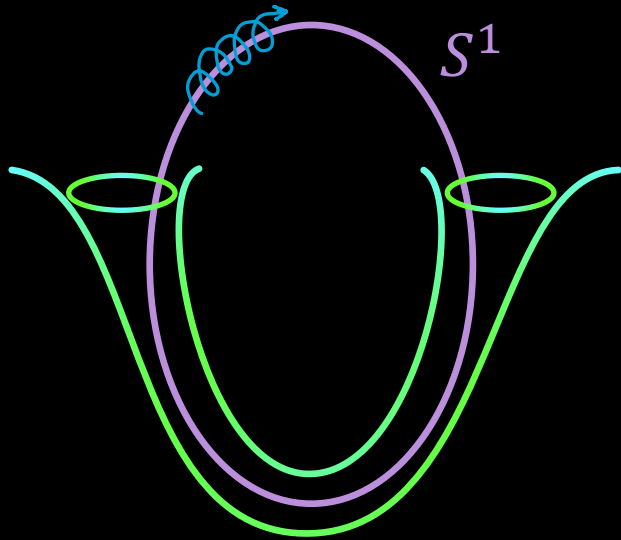


$$S^1 \times S^2 - \{\infty\}$$

Casimir in  $S^2$  won't do

Casimir in  $S^1$  does it

# Negative Casimir energy from massless (conformal) effective 1+1 fields along $S^1$



## Electrons in magnetic RN

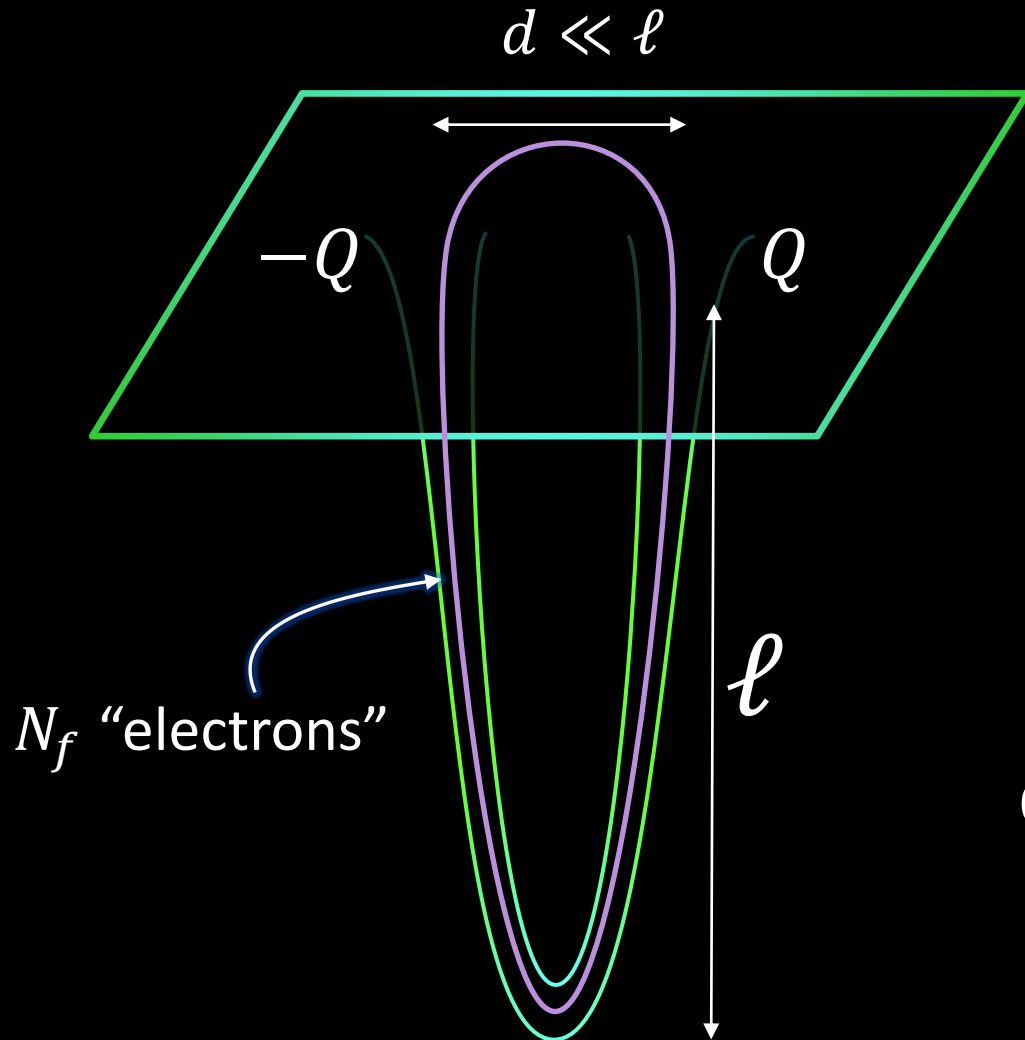
Landau ground state level

*Maldacena+Milekhin+Popov 2018*

## “Dark CFT” from 5D bulk

*Maldacena+Milekhin 2020*

# Energetics



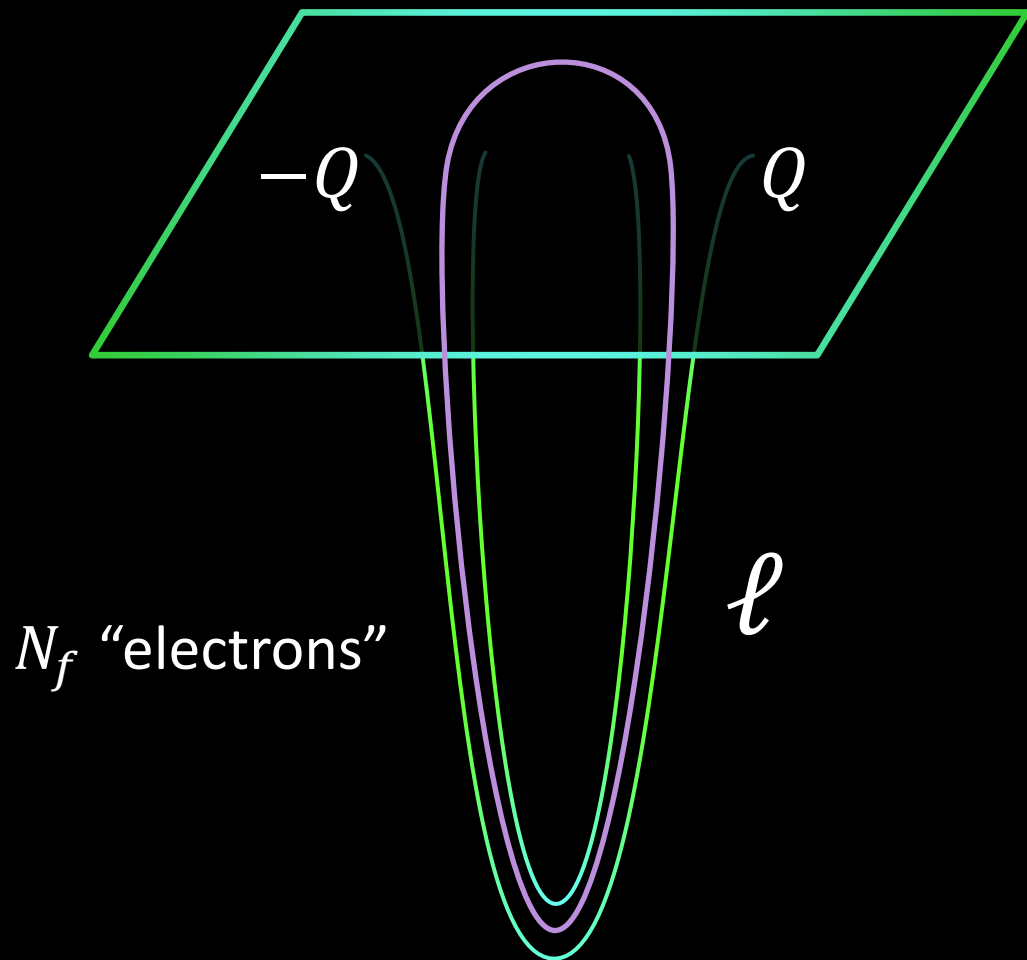
Energy "above" extremality

$$E = \frac{\pi^{3/2} Q^3 l_P}{\ell^2} - \frac{N_f Q}{8\ell}$$

Classical, from RN  
redshift  $\rightarrow$  small

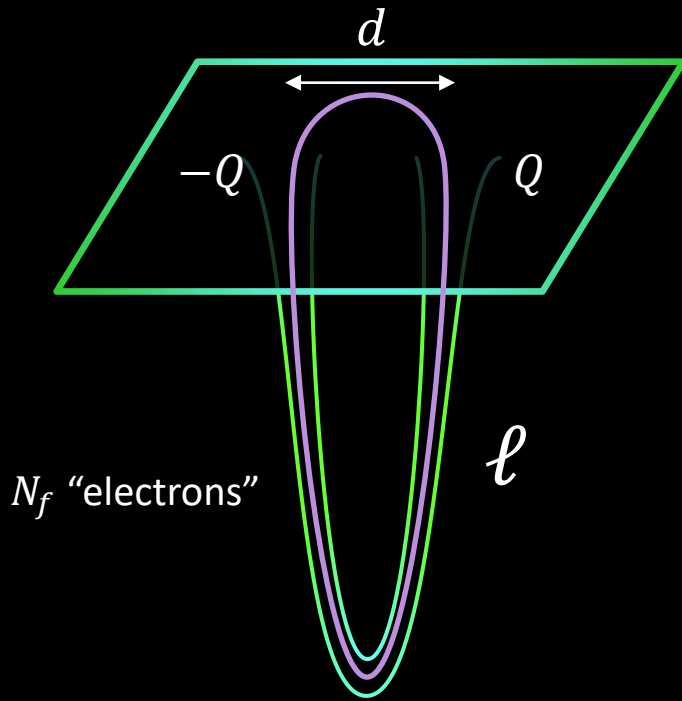
Quantum  
Casimir in  $S^1$

# Energetics



Energy "above" extremality

$$E_{binding} = -\frac{N_f Q}{16\ell}$$

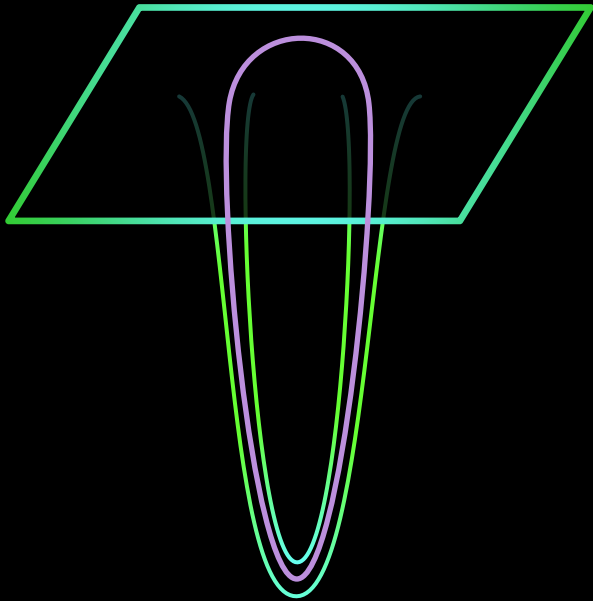


$$E_{binding} = -\frac{N_f Q}{16\ell}$$

## Remarks

- Small binding energy: *fragile* wormhole
- May allow for  $d \lesssim \ell$
- Can only make single-universe wormholes
- Attraction between mouths?
  - merger time  $d^{3/2}$  long enough to cross
  - may balance w/ fluxtube, strings, rotation...

# Variations on the theme of wormholes



More versatile constructions:

- Casimir energy from cosmic string zero-modes on  $S^1$   
*Fu+Grado-White+Marolf 2018*
- Several  $U(1)$ s



# Entanglement and Teleportation

*Gao+Jafferis+Wall 2016*

*Maldacena+Qi 2018*

The two “black hole mouths” are entangled

Microscopic degrees of freedom in Bell-like state

Sending a particle through a wormhole is dual to using entanglement as resource for quantum teleportation

# Multiple wormholes?

Fragile!

Make *small corrections*

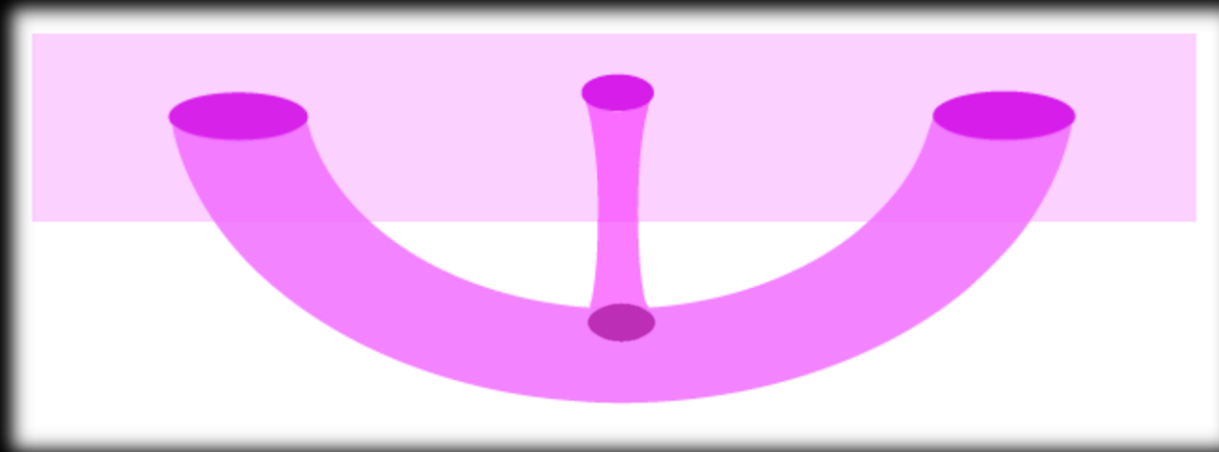


# Three-mouth wormholes

Acquire a ready-made wormhole

Insert a small black hole in it

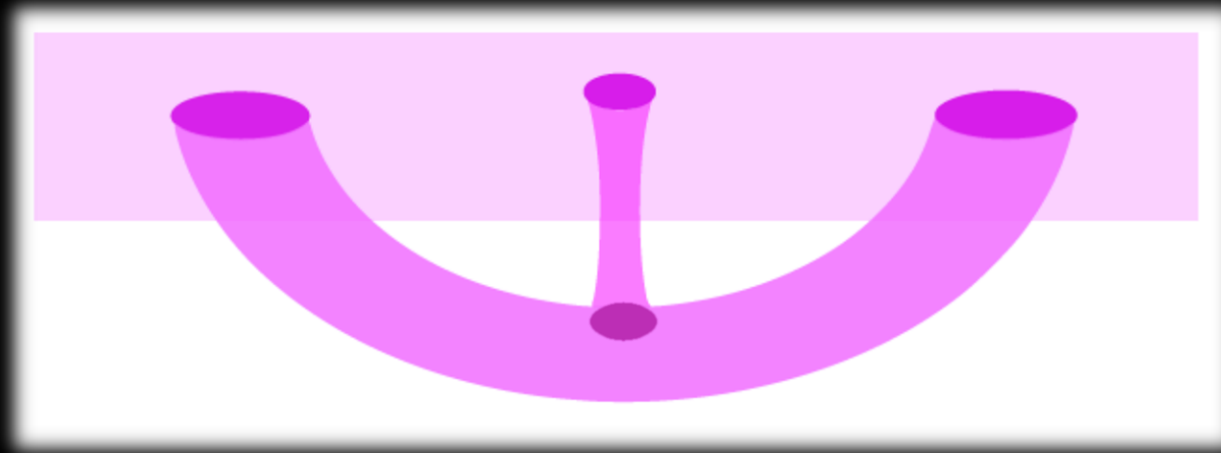
Connect to small black hole outside



# Inserting the small mouth

Technically straightforward:

Perturbations w/ matched asymptotics

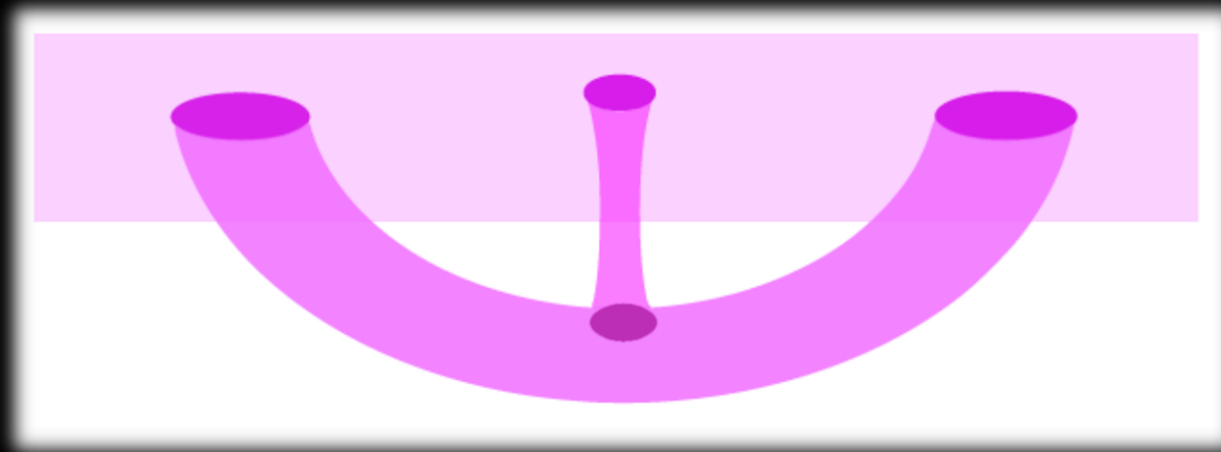


# How large the third black hole?

*Choking the throat?*

Semiclassical black holes have  $m \gg m_{\text{Planck}}$

Throat redshift helps, but how large can  $m$  be?



Backreaction calculation shows that throat remains open if

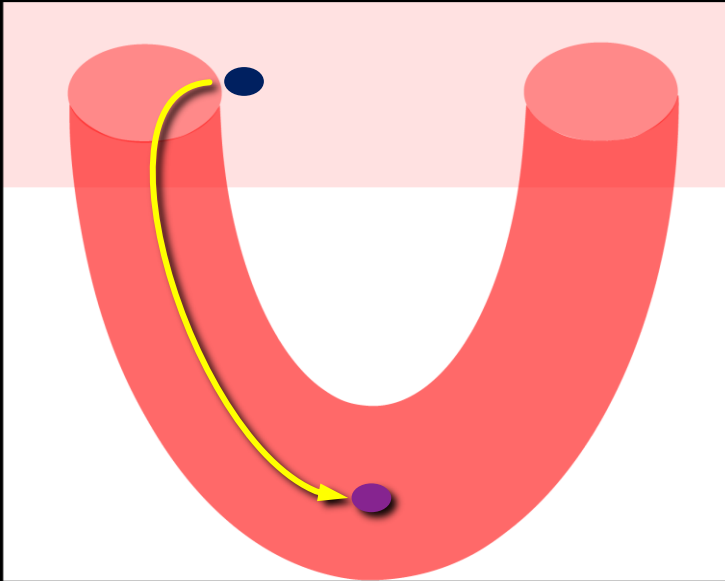
$$\text{small bh mass } m < \frac{1}{8\sqrt{\pi}} N_f m_{\text{Planck}}$$

$$\text{Then } E_{bh} < |E_{\text{binding}}|$$

⇒ if  $N_f \gg 1$  then a **semiclassical three-mouth wormhole**  
**is possible**

(also need small enough bh radius to fit inside throat – can do it)

# Lowering the mass

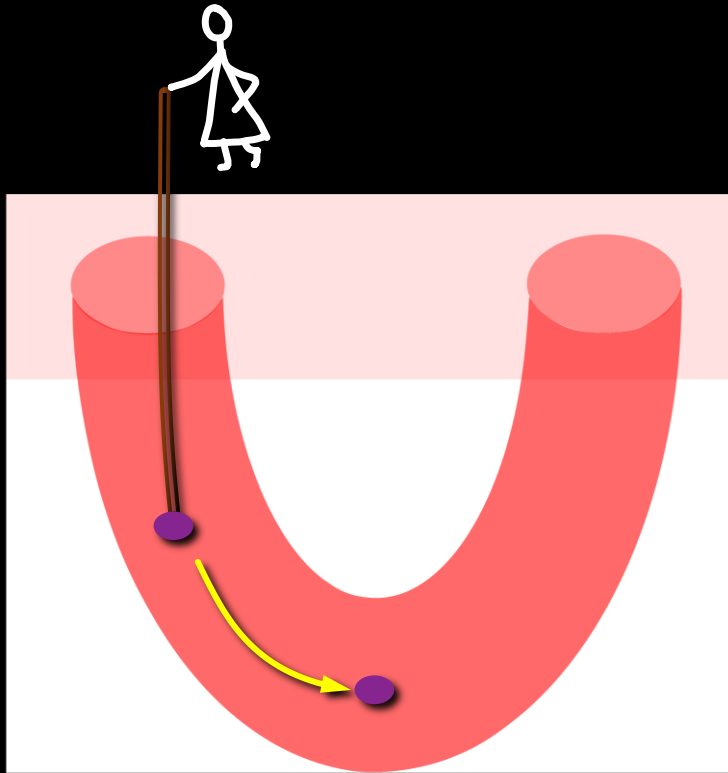


*Choking the throat, now?*

Near the big mouth

$$m \gg |E_{binding}| \quad (\text{no redshift help})$$

# Lowering the mass



Lower it *à la Geroch*

Slowly, hanging from a string

Calculation shows it is safe for

$$m \lesssim \frac{1}{8\sqrt{\pi}} N_f m_{Planck}$$

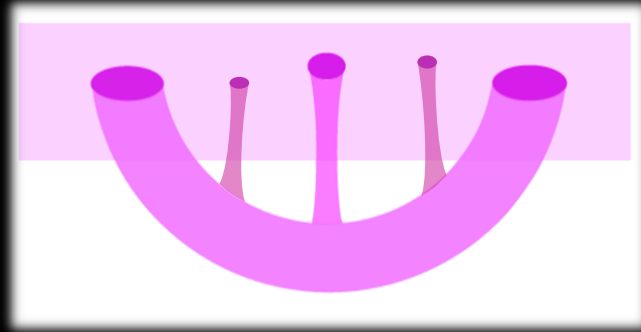


So

*It is possible* to construct three-mouth wormholes  
with two big mouths/one small mouth

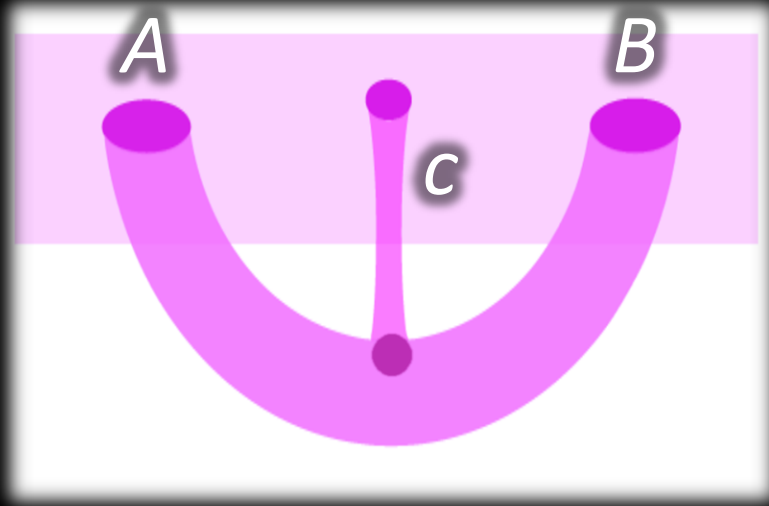


## *Smallmouth strikes again*



Can insert many small mouths  
as long as  $\sum_i E_{bh,i} < |E_{binding}|$

# Signalling between mouths



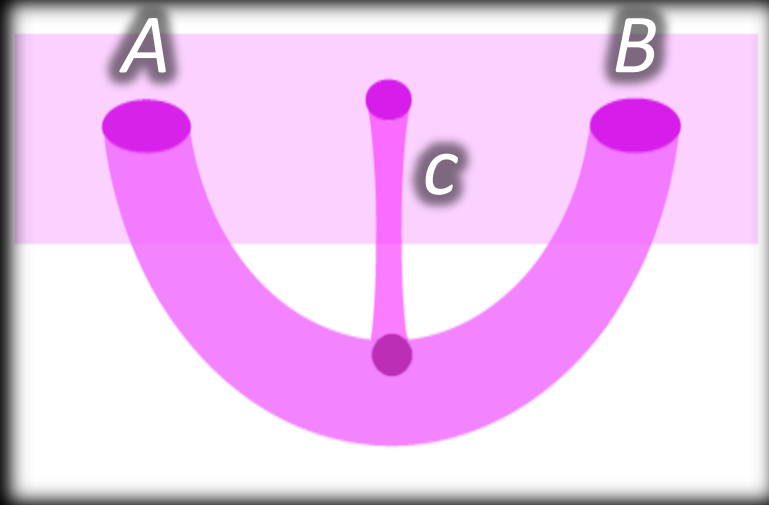
## Leaky pipeline

Particle or wave from  $A$  to  $B$  may be (partially) absorbed by  $c$

Absorption  $\propto$  area of  $c \propto$  dof's of  $c$

Angular dependence  $\leftrightarrow SU(2)$  R-charge of qubits

# Signalling between mouths



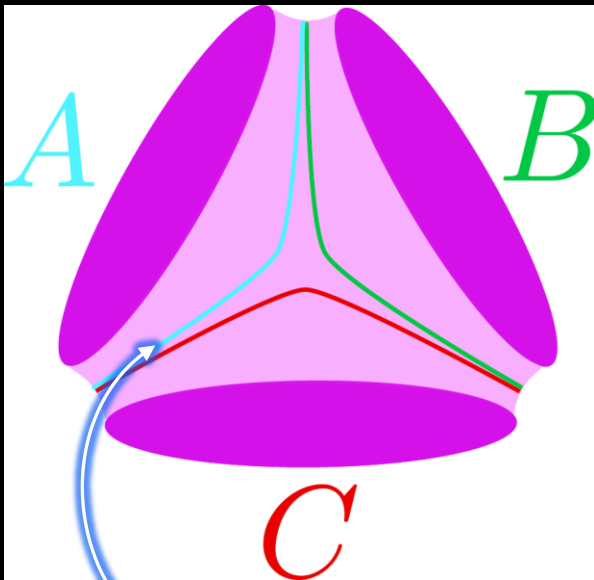
Time delay

Message from A to B delayed (Shapiro)  
by mass  $c$

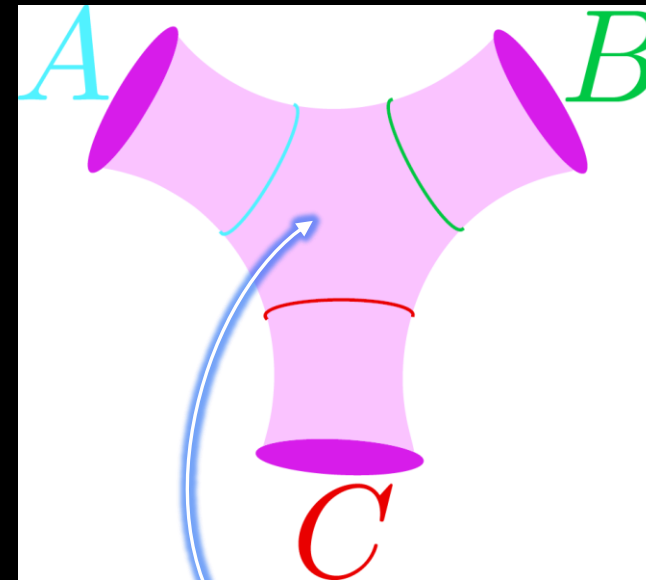
Increased complexity of decoding the  
message

# Multi-partite entanglement

*Marolf+Maxfield+Peach+Ross 2015*

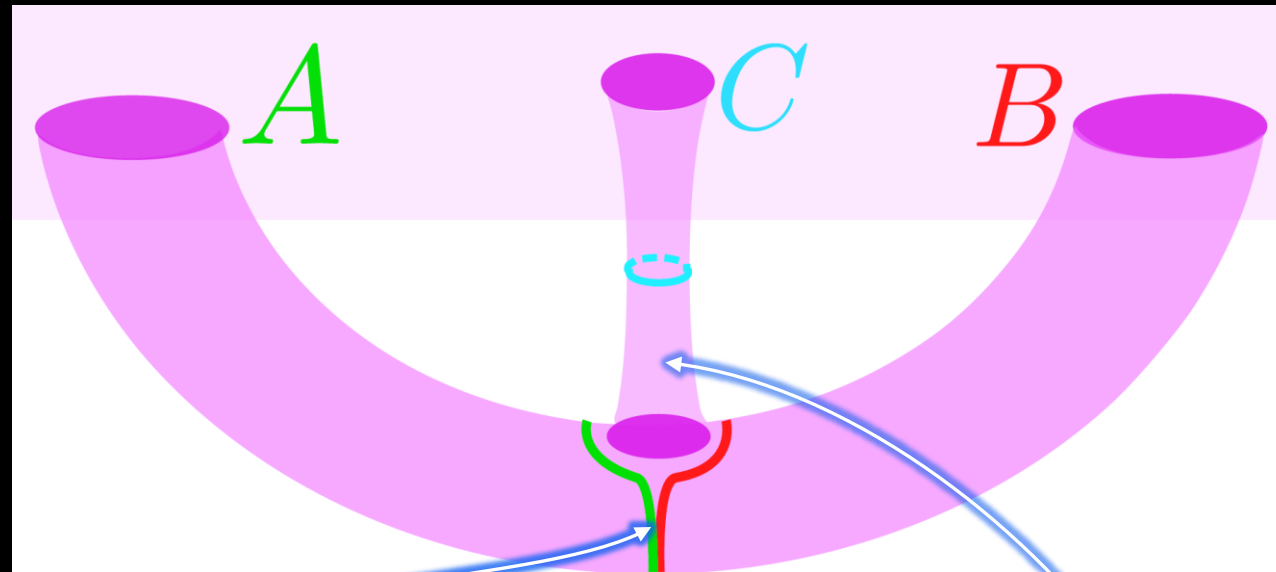


Mostly bipartite entanglement



Tripartite entanglement

# Multi-partite entanglement



Mostly bipartite entanglement

Tripartite entanglement

# Conclusions

- Intra-universe traversable wormholes are physically allowed

*Maldacena+Milekhin+Popov  
Fu+Grado-White+Marolf*

- Multi-mouth traversable wormholes also allowed – two big mouths + small mouths
- Multi-wormholes reveal new multi-partite holographic entanglement structures